

THE JAIN INTERNATIONAL SCHOOL AURANGABAD

PRATIBIMB

GO THE EXTRA MILE

The News Letter

FDITORIAL

The incessant outpour continued till the month of September. Midst the showers the students displayed their brilliant results in Periodic Assessment-II. The deity of Ganpati blessed TJIS Aurangabad for 10 days on the campus and then on 11th day was submerged into the waters to come the next year, to bestow his wishes and blessings on us. The month witnessed the recapitulation, revision and constructive academic sessions along with zealous celebrations bringing the festive fervour to the best.

Dear parents, you can visit the TJIS FB Page for latest posts and pics by the following link. https://www.facebook.com/tjis.aurangabad.5

https://www.iacebook.com/gis.adrait

PDATES

FTP is scheduled on 7th, 8th, 9th October
TERM - II will begin from 11th October

SEPTEMBER ALMANAC

Date	Day	Event
1st	Wed	National Nutrition Week
2nd	Thu	World Coconut Day
3rd	Fri	Skyscrper Day
5th	Sun	International Day of Charity, Teachers' Day
7th	Tue	Brazilian Independence Day
8th	Wed	International Literacy Day, World Physical Therapy Day
10th	Fri	World Suicide Prevention Day (WSPD)
11th	Sat	National Forest Martyrs Day
14th	Tue	World First-Aid Day, Hindi Diwas
15th	Wed	Engineer's Day, International Day of Democracy
16th	Thu	Malaysia Day, World Ozone Day
17th	Fri	World Patient Safety day
18th	Sat	World Bamboo Day, International Red Panda Day
19th	Sun	International Talk Like a Pirate Day
21st	Tue	International Day of Peace (UN), World Alzheimer's Day
22nd	Wed	Rose Day (Welfare of Cancer patients), World Rhino Day
23rd	Thu	International Day of Sign Languages
24th	Fri	World Maritime Day
25th	Sat	World Pharmacists Day, Antyodaya Diwas
26th	Sun	World Contraception Day, European Day of Languages,
		World Environmental Health Day, (Fourth Sunday) World Rivers Day
27th	Mon	World Tourism Day
28th	The	World Rabies Day
29th	Wed	World Heart Day
30th	Thu	International Translation Day

SEPTEMBER HIGHLIGHTS

GANESH CHATURTHI CELEBRATION

Vakratunda Mahakaya, Surya Koti Samaprabaha, Nirvighnam Kurumedeva Sarva Karyeshu Sarvada



Ganesh Chaturthi is celebrated annually to mark the birth of Lord Ganesha, the God of new beginnings and a fresh start. The festival falls in the month of Bhadra, the date of the festival varies annually, according to the Hindu calendar, and in August/September according to the Gregorian calendar.

GANESH CHATURTHI CELEBRATION

PRATIBIMB

On this day, Lord Ganesh is worshipped as the god of wisdom, prosperity, and good fortune. It is believed that Lord Ganesh was born during Shukla Paksha of Bhadrapada month. Lord Ganesh is also called Vighnaharta (the one who removes obstacles), and hence he is worshipped first before initiating a new venture, work, or auspicious beginning like marriage or Griha Pravesh It is believed that in these 10 days Lord Ganesha graces the earth and brings happiness, wisdom, and prosperity for his devotees. Ganesh Chaturthi is also celebrated as the birth anniversary of Lord Ganesha, which is celebrated as per the Hindu calendar in the Bhadrapada month. This festival was celebrated on TJIS school campus. A beautiful idol of Lord Ganesha was installed in the school by Respected Vice -Principal Ms. Shikha Srivastava Ma'am. Before one day of Ganesh Chaturthi, an activity of Ganesh idol making was conducted in the school for the students of Grade 1 to 10. Students made very beautiful idols using only organic materials like shadu mati, flowers, and leaves. They decorated the idols and presented them in class even they gave information about the significance of the festival.



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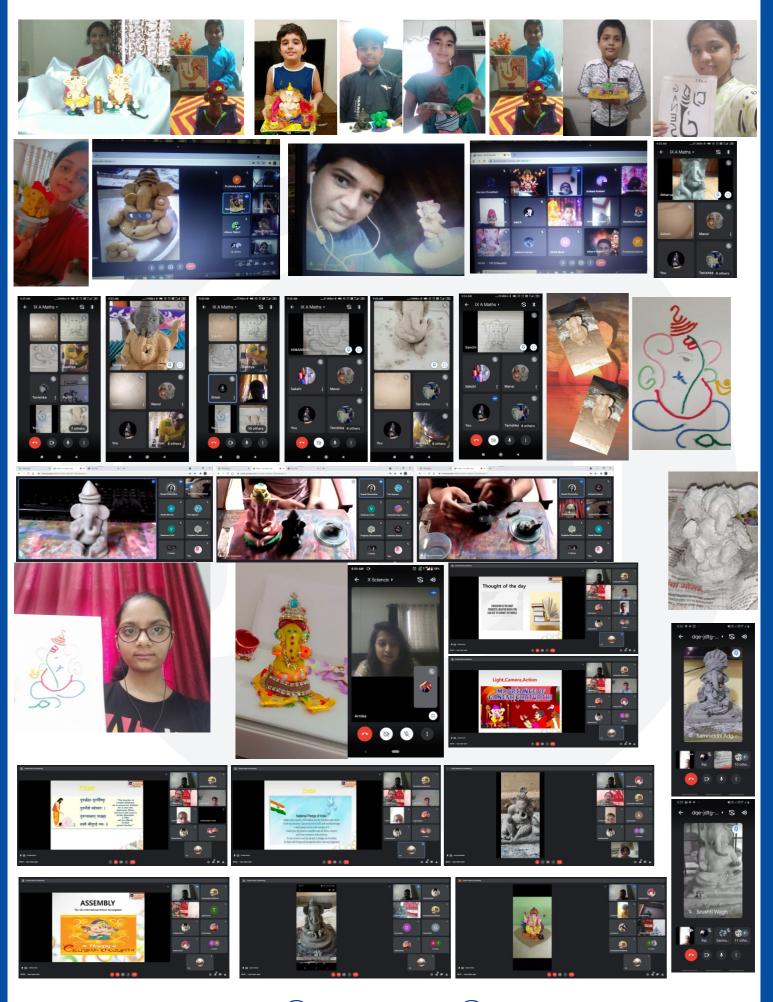


GANESH CHATURTHI CELEBRATION





GANESH CHATURTHI CELEBRATION





GO THE EXTRA MILE

"Going the extra mile is the key strategy for fast tracking your goals, and the silver bullet for decreasing the amount of time it takes to get skinny, happy, rich and famous." — Gary Ryan Blair.

It's true that for achieving any goal, thorough planning with precision comes as the pre-requisite. With same sentiment, learners have been allowed to achieve their goals in their environment, full of opportunities and resources though virtual medium

We envisaged few objectives, to be fulfilled both in academic and co-academic domains. Appropriate planning of few modules were laid down in order to achieve those objectives. Still we are on the same move to allow our learners to explore and learn through innumerable best possible methods, so that they can acquire the best from surroundings and experiences.

Our young students are also leaving no stone unturned in order to bring about best for the school. I am pleased to see Educators and students have been working hand in hand for academics, which I feel is the need of the hour and they all are striving their best to outshine in the exams.

Students have been groomed in such way to realize their goals and not to renounce them merely as a wish. Through rigorous revision and doubt clearing sessions, students gained confidence to give their best shot during Term End Assessment -I. They have been empowered to make them real. It's mesmerizing to see our learners endowing themselves to realize their dream with a proper plan and disposition guided by well-groomed teaching fraternity.

I wish all the Best !! to students for Term End Assessment - I for emerging out with bright colours.

Vice-Principal Mrs. Shikha Srivastava



"Teaching is more than imparting knowledge; it is inspiring change. Learning is more than absorbing facts; it is acquiring understanding."—William Arthur Ward

Each profession occupies a specific niche in society. Doctors heal, engineers design and bankers handle our money. Teaching, however, stands out as a subsumptive entity. The role of teachers in society is both significant and valuable. They are one of the main pillars of a sound and progressive society. Teachers' Day is one such event to which students and teachers equally look forward. The Day is important for the students as it gives them a chance to understand the efforts put in by their teachers to ensure that they get a proper education. Similarly, teachers also look forward to the Teachers' Day celebration as their efforts get recognized and honoured by students and other agencies as well. Teachers' Day in India is celebrated on 5th September to commemorate the birth anniversary of Dr. Sarvepalli Radhakrishnan. He was a renowned scholar, recipient of Bharat Ratna, first Vice- President, and second President of independent India. The auspicious day was celebrated enthusiastically with great respect towards the teachers in TJIS Aurangabad. The day was celebrated both virtually and physically. Grade 10 students organized a virtual programme for the teachers. A cultural programme and few interesting games were arranged for the teachers. Few students of Grade 10 handled the classes of Grade 4 and had the experience of teaching. The day was celebrated physically also in the school. Many teachers witnessed the programme. Portrait of Dr. Radhakrishnan was garlanded by Respected Vice-Principal ma'am. Energetic programmes of the educators increased the flavour of the programme. Educators were wished and guided by the respected. Vice-Principal Ms. Shikha Srivastava Ma'am. Programme was ended with the cake cutting ceremony. All the educators enjoyed the programme thoroughly.







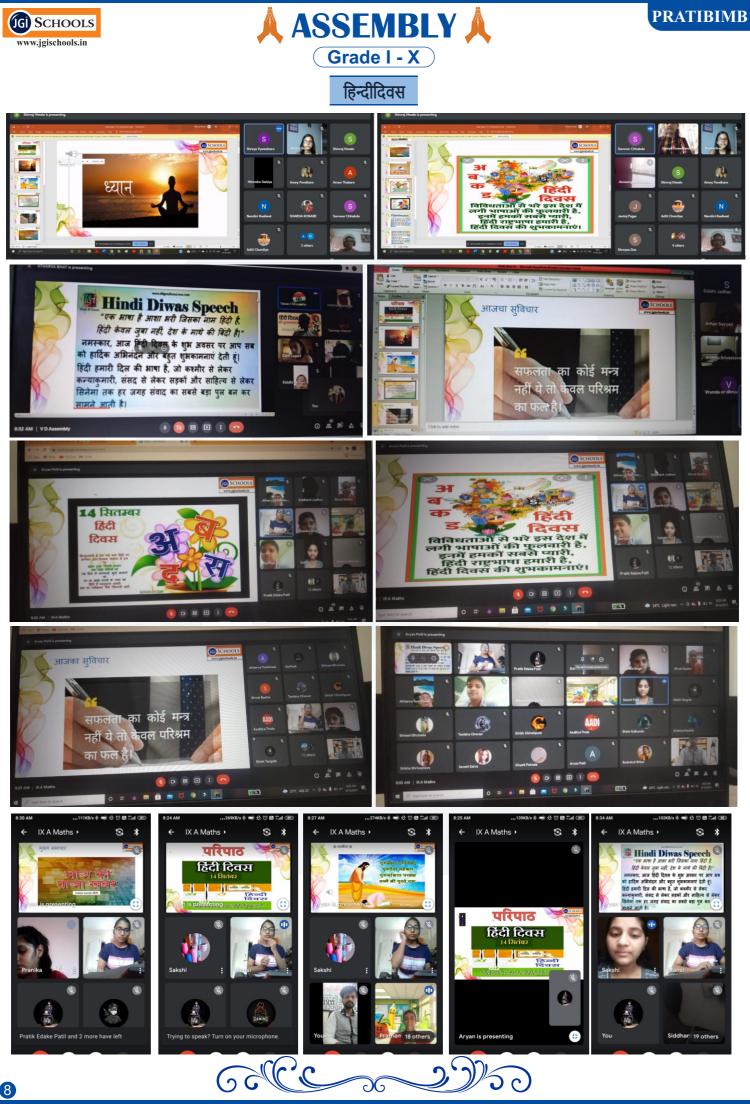


हिन्दीदिवस

हर साल 14 सितंबर को हिंदी दिवस के रूप में और 10 जनवरी को विश्व हिंदीदिवस के रूप में मनाया जाता है । 14 सितम्बर को हिंदी दिवस के रूप में मनानेकी शुरु आत वर्ष 1949 से हुई थी।इस दिन भारत की संविधान सभा ने हिंदी भाषा को राजभाषा का दर्जा प्रदान किया था तब से इस भाषा के प्रचारऔर प्रसार के लिए प्रति वर्ष 14 सितम्बर को हिंदी दिवस मनाने की शुरुआत हुई थी। भारत की संविधान सभाने 14 सितंबर 1949 को भारत गणराज्य की आधिकारिक राजभाषा के रूप में हिंदी को अपनाया गया था हालां कि, इसे 26 जनवरी 1950 को देश के संविधानद्वारा आधिकारिक रूप में उपयोग करने का विचार स्वीकृत किया गया था । हिन्दी दिवस को सब बहुत ही खुशी से मनाते हैं और हिन्दी दिवस पर निबंध, हिन्दी दिवस परस्पीच, और हिन्दी दिवस पर लेख आदि लिखते हैं। यह भारतीयों के लिए गर्व का क्षण था जब भारत की संविधान सभा ने हिंदी को देश की आधिकारिक राजभाषा के रूप में अपनाया था । संविधान ने वही अनुमोदित किया और देवनागरी लिपि में लिखी गई हिंदी आधिकारिक राजभाषा बन गई । 14 सितंबर, जिस दिन भारत की संविधान सभा ने हिंदी को अपनी आधिकारिक भाषा के रूप में अपना या, हर साल हिंदीदिवस के रूप में मनाया जाता है । कई स्कूल, कॉलेज और कार्यालय इस दिन महान उत्साह के साथ मनाते हैं । कई लोग हिंदी भाषा और भारतीय संस्कृति के महत्व <mark>के बारे</mark> में बात करने के लिए आगे आते हैं । स्कूल हिंदी बहस, हिन्दी दिवस पर कविता और कहानी कहनेवाली प्रतियोगिताओं और सांस्कृतिक कार्यक्रमों की मेजबानी करते हैं। हिंदी की क्षेत्र में बेहतर काम करने वाले लोगों को भारत के राष्ट्रपति के द्वारा इसदिन नई दिल्ली के विज्ञानभवन में पुरस्कार वितरित करके सम्मानित किया जाता है। राजभाषा पुरस्कार विभागों, मंत्रालयों, पीएसयू और राष्ट्रीय कृत बैंकों को वितरित किए जाते हैं । 25 मार्च 2015 के आदेश से गृहमंत्रालय ने सालाना हिंदी दिवस पर दिएँ जाने वाले दो पुरस्कारोंका नाम बदलदिया है । 1986 में स्थापित' इंदिरा गांधी राजभाषा पुरस्कार' 'राजभाषा कीर्ति पुरस्कार' और 'राजीव गांधी राष्ट्रीय ज्ञान-विज्ञान मौलिक पुस्तक लेखन पुरस्कार' बदलकर 'राजभाषा गौरव पुरस्कार' हो गया है ।



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RISE OF INDIA IN OLYMPICS

India has been participating in the Olympics since 1900. It has shown some magnificent performance in Hockey at the Olympics. India bagged 6 gold medals in Hockey from 1928 to 1956 an achievement which has yet to be beaten. They won the gold medal at the 1964 and 1980 Olympics as well. In all India has won eight gold medals in hockey. However despite this wonderful show in hockey, India has been unable to garner any notable success in individual sports. A century since first participating in Olympics, India, a nation with a population of 1.3 billion has merely 28 medals to its name. The United States of America (USA), on the other hand, leads the medal tally with 2,522 medals under its belt. This clearly is not the case of population of a country which can be said is directly proportional to the number of medals. India has managed to put a man in space, led many scientific discoveries, forced the world to acknowledge India's stride in the field of defense and science & technology. Indian cricket team is considered to be one of the World's best team, then why are we not able to bring the same dedication and integrity to sports in general and the Olympic Games in particular? In fact, being the second most populous and most democratic country in the world hinders our attempts to harvest a rich haul of medals at the Olympics. In India, most people don't encouragement sports of any other activities. And Indians have excess importance to cricket, I think every sports are equal like gender, caste, race etc. India has many good players but some of them are poor so they can't afford apparatus, and if we talk about funding Athletes do not receive proper funding to meet their needs. Sportsman don't have constant source of income and no help is given by government in their early stages of trainings. Some researches prove that the athletes of the leading nations are genetically and physically fitter than our people. But in changes have been seen in Tokyo Olympics 2021, only 2 weeks and we have 7 medals 1 gold, 2 silver and 4 bronze. So far it is best 2 weeks of any Olympics played by India.

ROANIT BHOPE

INDIA IS A LAND OF DIVERSITY

India is a kaleidoscope of cultures that includes umpteen variations in food, clothing, language, music and religious beliefs. This colorful spread has been shaped by the long history and unique geography of this land. Though cut off from the world by three oceans and the highest chain of mountains, this peninsula has been invaded time and again through the almost inaccessible mountain passes. Besides, more than four hundred main languages, there are thousands of others including dialects that are distinctly different to each other. India is a land of many religions. The people therefore differ considerably in the social habits and cultural differences vary from State to State which has become the fabric of Indian culture composite in nature. The diversity of India's languages can be understood by the fact that the Indian currency has 15 languages, besides Hindi and English, printed on it, and most sign boards are written in English, Hindi and the state language. The variations of India's cultural diversity are strung together with a colorful string of peace and harmony. But this great diversity of India never mars its unity. India, is indeed, an embodiment of 'unity in diversity'.





WOMEN EMPOWERMENT

Women Empowerment basically means promoting women's ability to determine their own choices, and their right to influence social change for themselves and others. Today, in most countries, women have equal rights as men have but this wasn't the case many centuries ago. Throughout human history, traditional gender roles have often limited women's activities and opportunities. They fought for centuries to get equal representation as men. But we can't say for sure that they get equal rights. In India and many other countries women are paid less than men for the same work. Incidents such as Acid throwing, Domestic violence, Dowry, Honor killings, Rape, Sexual harassment, Trafficking ,etc., frequently occur in India against women. To break the social barrier between women and men, we need to promote education. Education will change the traditional mind set of people. The government should also actively participate in women empowerment by bringing new policies and laws to increase women representation. And finally each and every one of us should be more tolerant and just accept the fact that everyone is equal.

HITESH POTE Class - X

CLEAN INDIA GREEN INDIA

Cleanliness is very important whether it is our home, workplace, or public places. It is one of the very basic needs of a civilized lifestyle. Mahatma Gandhi, the father of our nation gave the mantra "Cleanliness is Godliness" and our Honourable Prime Minister Narendra Modi launched The Swachh Bharat Mission inspired by Mahatma Gandhi. The Swachh Bharat Abhiyan, therefore, has a logo that pays a tribute to Mahatma Gandhi. Cleanliness and Hygiene are not only for our personal belongings or our own homes, we need to make sure to keep our surroundings clean wherever we go. Clean India Mission focuses on the eradication of open defecation all over the country and efforts have been made for the same since its commencement in 2 nd October 2014. As per the statistics published by the Government of India on Swach Bharat Mission more than 10 crore toilets have been built during the mission across the country. 36 Indian states have been declared defecation free and hence the mission has largely improved the lifestyle of a common Indian man. Mahatma Gandhi had a dream of a cleaner and healthier India and he emphasized it time and again during his lifetime. Swachh Bharat Abhiyan is a step towards fulfilling of this beautiful dream of the father of our nation. Shri Narendra Modi himself initiated the cleanliness drive at the beginning of Swachh Bharat Abhiyaan to spread awareness about the mission and its importance. Picking up the broom to clean the dirt, making Swachh Bharat Abhiyan a mass movement across the nation, the Prime Minister said people should neither litter nor let others litter. He gave the mantra of 'Na gandagi karenge, Na karne denge'. SAKSHI CHOUDHARI





INDIA IS A LAND OF DIVERSITY

India is a perfect example of unity in diversity. It is just like a rainbow containing various colourswhich is beautiful only when all the colours are together. India is a combination of different languages, religions, festivals, beliefs and cultures. India is considered to be diverse because all these people of different religions live together in peace and harmony. There are over 1650 languages and dialects in India. But this is what makes India diverse and beautiful, and it is rightly said- "Diversity is not about how we differ, diversity is about embracing one another's uniqueness". There are 29 states in India, and each of them are blessed with unique and beautiful features, some famous for their scenic beauty, some famous for their food and culture. Every year many foreigners visit our country to see the beauty of Indiai. e.itsrich historical temples, its traditions, its language, its heritage, etc. Sometimes there are conflicts between different communities of India, but it never affects the diversity of our country. Our constitution also provides equal social and political rights to all the people of our country regardless of their differences. Secularism is also practiced in India to ensure there is no injustice done to any particular religion. Thus, India is rightly termed as the "Epitome of the World". Racial diversity is also there in India as people of Jammu and Kashmir have fair complexion, while the people of southern India have darker complexion. In India one can find a temple, a church and a mosque all standing together complementing each other without any conflicts. People in India celebrate their festivals (Holi, Diwali, Eid, Christmas, Good Friday, Durga puja, etc.) very peacefully without harming the feelings of the people of other religions. There may be disputes between different communities or religions but they should be tactfully handled. We may belong to different religions but above everything we all are "INDIANS". Thus, we can say that India is a land of diversity and we should be proud of our differences and we should maintain the uniqueness of our country.

SROTOSWINI ROY Class -

SIGNIFICANCE OF LEISURE IN LIFE

Our elders, everybody tells us only about the importance of work but other than work, leisure too is very important to lead a happy and healthy life. Excess of something and lack of the other thing creates an imbalance in life. Therefore, too much work and no leisure makes a person tired, less attentive and to leaves him with less energy for doing any work. A break is essential. Leisure relieves us from stress, gives us the strength to pursue a hectic life, and enhances our creativity. But the sad reality is that our career and profession prevent us from indulging in leisure-related activities. Time spent with one's family helps to resolve different problems and results in n less burden on oneself. This leisure time helps us to know more about one another and develop our interests in certain activities or sports or movies. In today's competitive world, people are left with no time for leisure. One should realize that career is important but it is equally important to be healthy. Work without rest is useless as it decreases our health and further capacity to do work. Leisure time acts as a charge time for us. It energizes our bodies. Leisure is an affordable luxury. It is important to work and to have leisure time. One has to maintain a balance between both. So what are you waiting for now? Just go and have some fun time with your family.

Class -

THE IMPORTANCE OF TREATING ELDERS WITH RESPECT

Seniors have plenty of experience in life and they can teach us about enduring change and handling life's challenges. They have a great amount of wisdom and knowledge to share with us .It's important for the younger generation to learn the significance of respecting elders by listening and spending quality time with them. We must treat our elders with respect, even if their bodies or minds are beginning to fail them. The elderly are powerful, creating the comforts that younger generations take for granted.

TANISHKA RASANE Class -



CLEAN INDIA GREEN INDIA

Cleanliness is very important whether it is our home, workplace, or public places. It is one of the very basic needs of a civilized lifestyle. Mahatma Gandhi, the father of our nation gave the mantra "Cleanliness is Godliness", and our Honourable Prime Minister Narendra Modi launched The Swachh Bharat Mission inspired by Mahatma Gandhi. Our government is doing every bit to make sure that our country becomes cleaner and more hygienic with every passing day, and as responsible citizens, we must make sure that we do our bit to help with this noble mission. The cleanliness of our surroundings is our responsibility, not only when it comes to our houses but also when it comes to public places like parks, tourist attractions, and public toilets. The cleanliness in public places improves the standard of living of our countrymen. It also gives a very positive image about India to the tourists that visit us from foreign countries. Mahatma Gandhi had a dream of a cleaner and healthier India and he emphasized it time and again during his lifetime. Swachh Bharat Abhiyan is a step towards fulfilling this beautiful dream of the father of our nation. Shri Narendra Modi himself initiated the cleanliness drive at the beginning of Swachh Bharat Abhiyaan to spread awareness about the mission and its importance. All the religious ceremonies are carried out after the thorough cleaning of the surroundings throughout the country because our religion also teaches the importance of cleanliness. A clean lifestyle doesn't always mean the removal of dirt from our surroundings, it also means we should be more organized in our life. Organizing our belongings, our time, and our thoughts can largely help in leading a happy and comfortable life.

"Clean India and Green India should be our dream India"

ARYA GHARATE Class -

THE IMPORTANCE TO GIVING RESPECT TO YOUR ELDER

It is very important for every individual to respect his/ her elders. It is also important to note that elders were not born elders they were kids like you and now grown up old. Few years hence you will also grow older. If today you will respect your elders your present and future generations will carry those values and will learn to respect you as well when you will grow old. Elders have a lot to share with you- their life experiences (good and bad), their 1st job, their 1st love, their mistakes, their discoveries, their success and much more.





हिन्दीदिवस

14 सितंबर 1949 को बनी राष्ट्र की आधिकारिक भाषा 6 दिसंबर 1946 को आजाद भारत का संविधान तैयार करने के लिए संविधान सभा का गठन हुआ। सच्चिदानंद सिन्हा संविधान सभा को अंतरिम अध्यक्ष बनाए गए। इसके बाद डॉ राजेंद्र प्रसाद को इसका अध्यक्ष चुना गया। डॉ भीमराव अंबेडकर संविधान सभा की ड्राफ्टिंग कमेटी (संविधान का मसौदा तैयार करने वाली कमेटी) के चेयरमैन थे। संविधान में विभिन्न नियम कानून के अलावा नए राष्ट्र की आधिकारिक भाषा का मुद्दा भी अहम था। क्योंकि भारत में सैकड़ों भाषाएं और हजारों बोलियां थी। काफी विचार-विमर्श के बाद हिंदी और अंग्रेजी को नए राष्ट्री की अधिकारिक भाषा चुना गया।14 सितंबर 1949 को संविधान सभा ने देवनागरी लिपि में लिखा हिंदी को अंग्रेजी के साथ राष्ट्रीय की अधिकारिक भाषा चे तौर पर स्वीकार किया। बाद में जवाहरलाल नेहरू सरकार ने इस ऐतिहासिक दिन के महत्व को देखते हुए हर साल 14 सितंबर को हिंदी दिवस के रूप में मनाने का फैसला लिया।पहला आधिकारिक हिंदी दिवस 14 सितंबर 1953 को मनाया गया था।

> SONAKSHI JADHAV Class -

हमारी प्यारी हिन्दी भाषा

हर साल १४सितंबर को मनाया जाने वाला हिंदी दिवस भारतीय संस्कृति को संजोने और हिंदी भाषा को सम्मान देने का एक तरीका है। वर्ष १९४९ में इस दिन भारत की संविधान सभा द्वारा हिंदी को देश की आधिकारिक भाषा के रूप में अपनाया गया था। यह हर साल हिंदी के महत्व पर जोर देने और हर पीढ़ी के बीच इसको बढ़ावा देने के लिए मनाया जाता है जो अंग्रेजी से प्रभावित है। यह युवाओं को अपनी जड़ों के बारे में याद दिलाने का एक तरीका है। इससे कोई फर्क नहीं पड़ता कि हम कहाँ तक पहुंचे हैं और हम क्या करते हैं अगर हम अपनी जड़ों के साथ मैदान में डटे रहे और समन्वयित रहें तो हम अपनी पकड़ मजबूत बना लेंगे। आज के समय में अंग्रेजी की ओर एक झुकाव है जिसे समझा जा सकता है क्योंकि अंग्रेजी का इस्तेमाल दुनिया भर में किया जाता है और यह भी भारत की आधिकारिक भाषाओं में से एक है। यह दिन हमें यह याद दिलाने का एक छोटा सा प्रयास है कि हिंदी हमारी आधिकारिक भाषा है और बहुत अधिक महत्व रखता है।

DIVYANKA SATAPATHY

आत्मनिर्भर भारत

भारत का अमृत महोत्सव अनेकों वीरों के बलिदानों के बाद 15 अगस्त 1947 की रात को भारत में अपनी स्वतंत्रता की पहली किरण दिखाई दी. स्वतंत्रता के बाद सरदार वल्लभ भाई पटेल जी ने अनेक राज्यों को मिलाकर अखंड भारत बनाया.15 अगस्त 1947 के बाद आज तक अखंड भारत के आजादी के 75 साल पूरे हो गए 75 सालों के अमृत महोत्सव के दरमियां भारत की विभिन्न क्षेत्रों में प्रगति हो गई है. आज भारत एक महा सत्ता की तरफ बढ़ रहा है भारत हर क्षेत्र में आगे बढ़ रहा है. हमारा देश दुनिया के विभिन्न देशों के साथ कंधे से कंधा मिलाकर चल रहा है भारत आज प्रगतिशील देश है. भारत में स्वतंत्रता के बाद बहुत सारे बांध की निर्मिती होने के कारण जल सिंचाई क्षेत्र और बिजली की निर्मिती के क्षेत्र बढ़ गई है. और इसी के कारण भारत में हरित क्रांति हो गई, जिसके कारण भारत दुनिया की दो नंबर की आबादी वाला देश होने के बावजूद अपने अनाज में स्वयं पूर्ण हो गया. दुग्ध व्यवसाय में धवल क्रांति हो गई अंतरिक्ष , ऊर्जा, आरोग्य , बैंकिंग , खेल , आदी क्षेत्रों में भी बहुत प्रगति हो गई . इसी के कारण आज लोगों का जीवन स्तर बढ़ गया है . भारत के 75 साल के बाद हमारा देश आत्मनिर्भरता की ओर बढ़ रहा है.भारत में विवध लोग हैं लेकिन फिर भी हम सब एक हैं.हम भारत को आत्मनिर्भर बनाने की कोशिश करेंगे. जय हिंद !

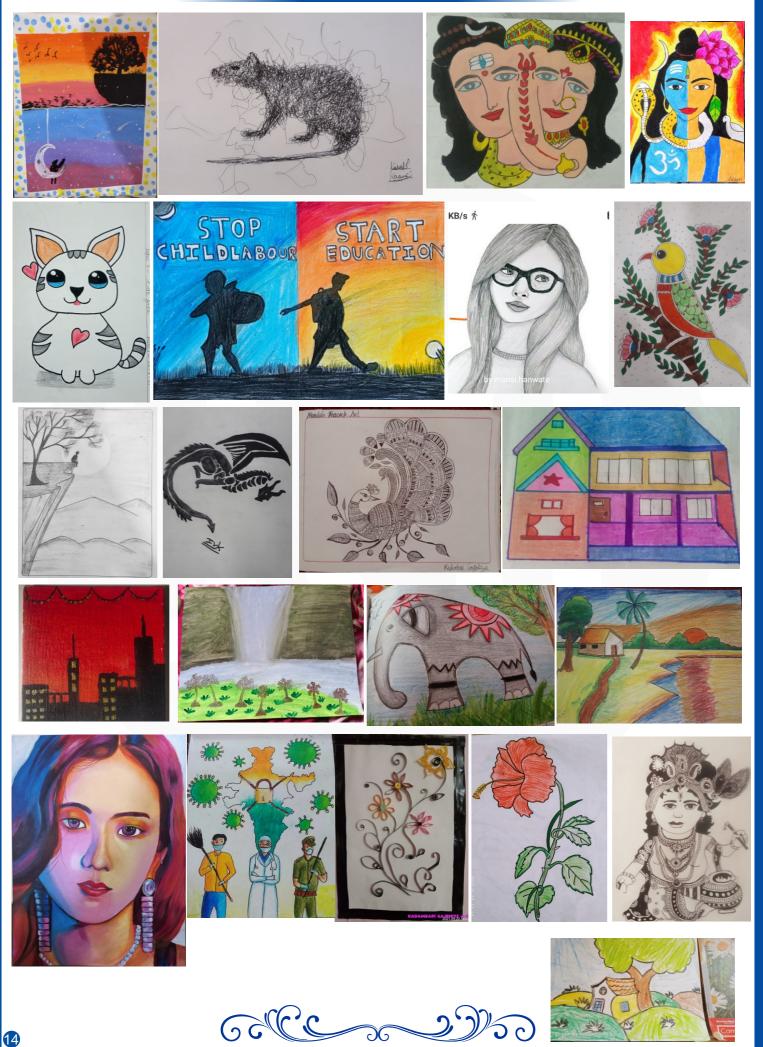
> SAMRUDDHI ADGAONKAR Class - X



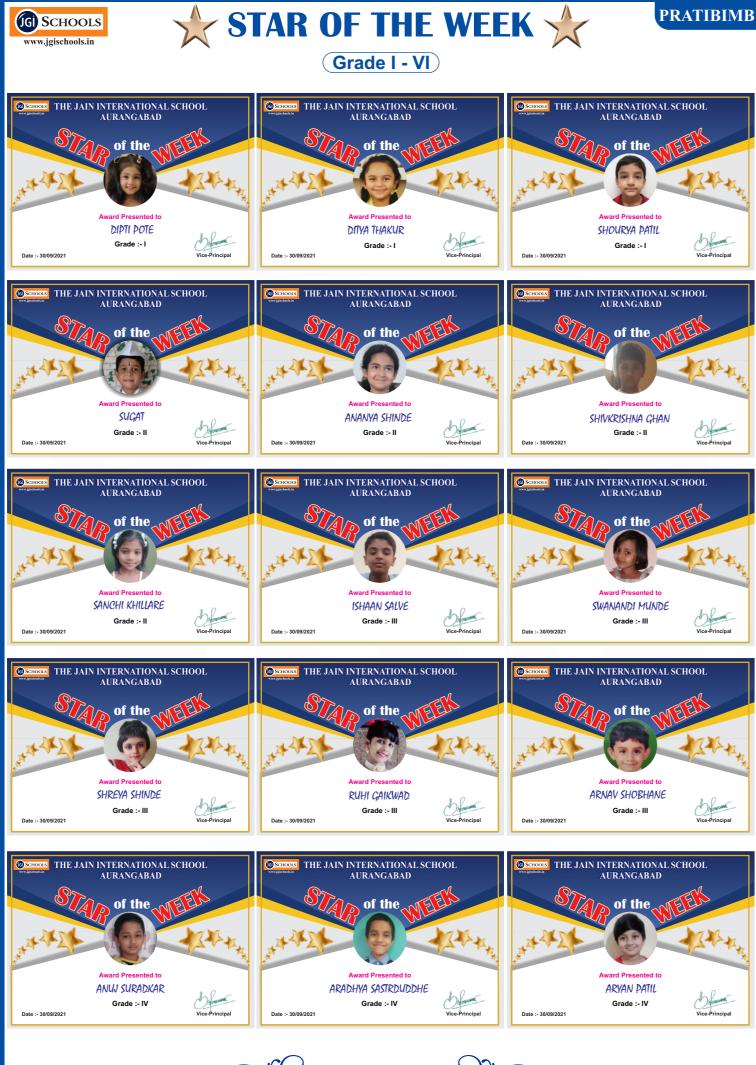


MAGIC FINGERS

PRATIBIMB



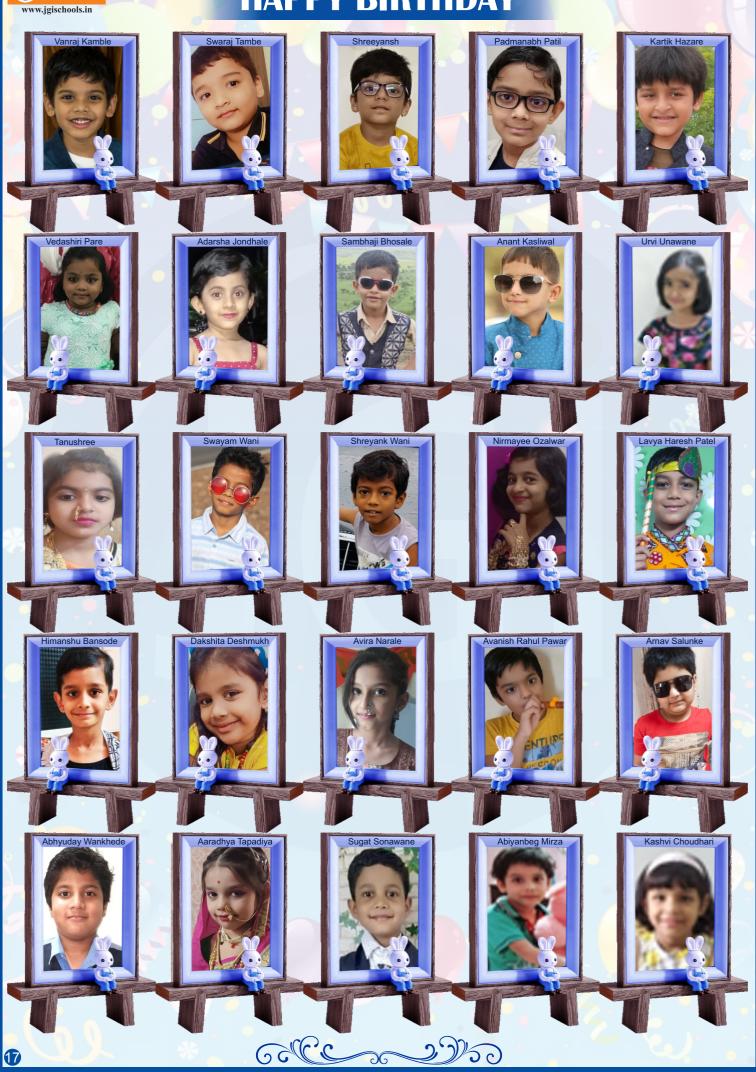
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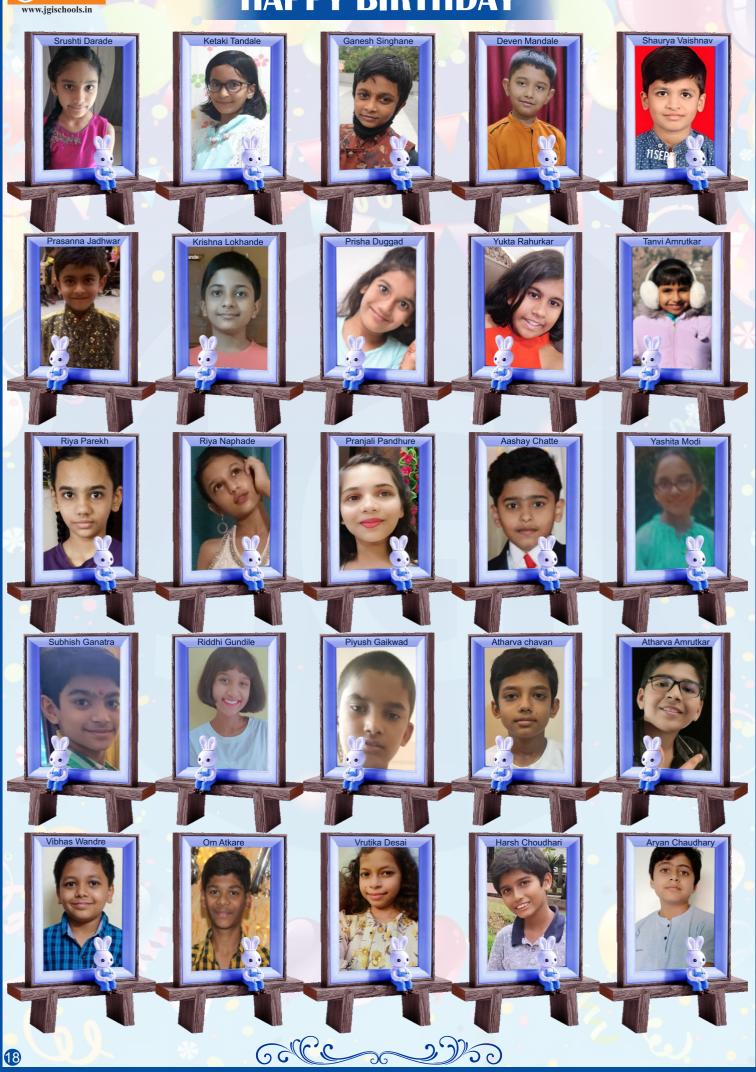
Galle



JGI SCHOOLS



JGI SCHOOLS







PRATIBIMB



ONE MORE STEP



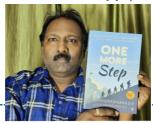
"The mountains are calling, and I must go"- John Muir"One More Step" celebrates the achievements of 25 school students to successfully scale the Everest Base Camp Trek under the leadership and guidance of Dr. Chandrashekhar DP.Through "One More Step" we can learn how hard work and determination can help you go a long way. Moreover, it also shows us that in order to achieve immense success, we require determination, training, and sacrifice as well. It shows us that the path of success is not easy but the results are surely sweet and satisfying.

Ms. SNEHAL JOSHI HOD-ENGLISH

'आणखी एक पाऊल'

सन २०१७ मध्ये एव्हरेस्ट बेस कॅम्प ट्रेक यशस्वीरित्या सर करण्यासाठी, जगातील सर्वात मोठ्या शालेय विद्यार्थ्यांच्या (२५ विद्यार्थी) पथकाचे नेतृत्व केलेले, सन्माननीय डॉ. चंद्रशेखर डी.पी. यांचा एव्हरेस्ट बेस कॅम्प ट्रेक संबंधीचा इतंभूत प्रवास या पुस्तकात मांडलेला आहे. प्रत्येक घटनेचे वास्तववादी लेखन, प्रत्यक्ष अनूभव मांडल्यामुळे वाचक पुस्तकाला खिळून राहतो. अकराव्या प्रकरणानंतर काही क्षणचित्र पुस्तकात दिल्या -मुळे आपण या ठिकाणी गेल्याचा प्रत्यक्ष अनुभव आपल्याला येतों. याशिवाय वेगवेगळ्या महनीय संस्थांकडून अभिनंदनाचे पत्र आल्याचे सुद्धा या ठिकाणी प्रॅंकाशित केले आहे. त्यामूळे आपल्या सगळ्यांसाठीच ही खुप गौरवास्पद गोष्ट आहे हे लक्षात येते. अगदी तत्कालीन भारताचे राष्ट्रपती महामहिम रामनाथ कोविंद आणि भारताचे पंतप्रधान सन्माननीय नरेंद्रजी मोदी यांनी अभिनंदन केल्याची क्षणचित्रे या ठिकाणी आपल्याला दिसतात. प्रसंगानंतर प्रसंग येत असल्याने पुस्तक हातचे सोडवत नाही. पहिल्या प्रकरणापासूनच प्रत्येक प्रकरणाची सुरवात प्रसिद्ध व्यक्तींच्या सुविचाराने केलेली दिसून येते. यात शिस्त, समर्पण आणि दृढनिश्चय अशा गुणांचा उल्लेख केला असून प्रस्तूत लेखकाच्या अंगी तो कसा भिनलेला आहे हे दिसून येते. एखाद्या गोष्टीच्या यशस्वीतेसाठी निचरा होईपर्यंत आपल्याला प्रशिक्षित होणे कसे गरजेचे आहेँ यावर भाष्य केलेले दिसते. 'जान्हवी' नावाची एक किशोरवयीन कन्यका; जी की एक भरतनाट्यम नृत्यांगणा आहे. एक चांगली चित्रकार आहे. तिच्या अंगी असलेल्या शिस्त, समर्पण आणि दृढनिश्चय या सदगुणांच्या जोरावर पर्वतारोहणासारख्या क्षेत्रात अनेकोनेक विक्रम प्रस्थापित करते. स्वत: शिक्षणतज्ज्ञ असलेले, जे.जी.आय सारख्या प्रतिष्ठित व नावाजलेल्या शिक्षणसंस्थेचे मुख्य कार्यकारी अधिकारी, एक उत्कृष्ट वक्ता, एक चतुरस्त लेखक म्हणून मान्यता पावलेले, स्वत: अनेकोनेक पुरस्कारांचे मानकरी असलेले डॉ चंद्रशेखर डी.पीँ. सर; जान्हवी सारख्या वयाने लहानग्या पण कर्तृत्त्वाने मोठ्या असलेल्यां मुलीचे उल्लेखनीय गुण; आपल्या शाळांतून शिकत असलेल्या मुलांमध्ये अंतर्भूत करण्यासाठी म्हणून आकाशाला गवसणी घालू पहाणा-या नव्या विश्वविक्रमांच्या दिशेने मार्गक्रमण करतात. यासाठी जान्हवीला एका शाळेच्या कार्यक्रमात प्रमुख पाहूणे म्हणून बोलावून तिच्याकरवी पालकांच्या मनात प्रेरणा निर्माण करण्यापासून; ते एव्हरेस्ट बेस कॅम्प ट्रेक ची योजना आखून ती यशस्वी होण्यासाठी; इयत्ता पाँचवी आणि त्यापुढील विद्यार्थ्यासाठी शारिरीक क्षमता चाचण्या, रोमांचक - कठौंण प्रशिक्षण व सर्वोत्तम विद्यार्थ्याची निवड त्यांच बरोबर शैक्षणिक संचालिका, विवीध शाळांचे मुख्याध्यापक, शिक्षक तसेच महत्त्वाचे पालकांचे उद्बोधन, त्यांची संमती, संभाव्य मोठा खर्च, दोन महिन्यांसाठी विद्यार्थ्यांचा वेळ इत्यादी महत्त्वाच्या गोष्टींचा निपटारा केलेला दिसतो. प्रशिक्षणाचे तीन टप्पे, विद्यार्थ्यांसाठीचे मार्गदर्शक तत्वे, सर्व गट म्हणजे एक संयुक्त कुटूंब अशी रचना, जंगल प्रशिक्षण, श्वासांवर प्रभुत्व मिळवणे, एव्हरेस्ट बेस कॅम्पवर पोहोचण्यासाठी आवश्यक दररोज किमान ६ तास चालणे. टेकमध्ये अत्यंत अनुभवी शेर्पांची व्यवस्था केलेली दिसते. १४ दिवसांच्या टेकमध्ये थांबण्याचे आणि विश्वांतीचे ठिकाण. वैद्यकीय सुविधा. सर्व परवानग्या मिळवणे. तुकडीच्या प्रत्येक सदस्याला विमा संरक्षण. नाश्ता, जेवण आणि विद्यार्थ्यांसाठी एनर्जी बार, चॉकलेट आणि ड्राय फ्रूट्स यांचा अंतर्भाव केलेला वाचकांच्या नजरेत येतो. ट्रेकमध्ये फोटो आणि व्हिडीओ आवश्यक असते त्याची झलक अकराव्या प्रकरणानंतर पुस्तकाच्या मधोमध आपणास दिसते. नेपाळमधील काठमांड विमानतळावर झेंडच्या फूलांच्या हारांनी औपचारिक सेलिब्रिटींप्रमाणे स्वागत केल्याने मुलांना झालेला आनंद वाचकांच्या प्रत्ययाला येतो. नवा देश, नवी परंपरा, संस्कृती आणि भाषा यांची ओळख वाचकांना काही प्रकरणांतून होते. आपण करत असलेल्या कार्याचा विश्वविक्रम होऊ शकतो हे ध्यानात आल्यावर प्रस्तूत लेखकासँह सर्वच जणांचा आनंद गगनात मावेनासा होतो. त्यातही अनुशासन पाळण्यासाठी प्रसंगी कसा कठोर निर्णय घ्यावा लागतो हे ही एका

76



प्रकरणातून लेखक प्रभावीपणे मांडतात. मास्टर रोहन रेड्डी या विद्यार्थ्यांबद्दल एक समर्पक प्रकरण सर्व पालकांना हेलावून सोडणारे आहे. एव्हरेस्ट बेस कॅम्प साठीचा या सर्व विजेत्यांचा पुढील प्रवास, त्यातील अडचणी, त्यावर सर्वांनी मिळवलेला विजय, माउंट एव्हरेस्ट सारखा बर्फ़ाच्छादित पर्वत, तेथील प्राणी-वनस्पती निसर्ग कळण्यासाठी,सर्वात महत्त्वाचे म्हणजे या विश्वविक्रमी विजयानंतर घरापर्यंत पोहचण्याचा प्रसंग, मिळालेल्या शुभेच्छा, झालेले कौतून हे प्रसंग मोठ्या खूबीने रंगवलेले आहे त्यासाठी पुस्तक विकत घेऊन एका वाचनात वाचावे असेच तयार झाले आहे.

Gellic



ONE MORE STEP

PRATIBIMB



Somewhere between the bottom of the climb and the summit is the answer to the mystery why we climb."Greg Child. "One More Step" is an exhilarating journey of school students under the leadership of Dr. Chandrashekhar DP. They scale the everest base camp trek . This is the perfect example of endurance persistence and will power. I am truly inspired with the courage , discipline and hard work of these students.Reading the book is the none other than a great experience.

Ms. KETAKI KULKARNI

This One More Step book is about Dr.ChandraShekhar's Journey with the world's largest contingent of school students to Everest Base Camp here Mr. Chandrashekhar, a CEO, is impressed with the discipline, dedication and determination of a teenage mountaineer. When he tries to imbibe those qualities in his students, he ends up creating a world record by taking the largest contingent of students to the Everest Base Camp. In this triumphant memoir, he recounts his meeting with Jaahnavi planning the trek, convincing the students' parents and the training, followed by the actual trek to the EBC. In addition to Chandra's unbridled enthusiasm, "One More Step" evokes the serene, treacherous and imposing landscape of Nepal and the Sagarmatha. It also gives us a sneak peek into how the students metamorphize into leaders, when the situation arises. What happened after the trek? How did the lives of students transform? The book has it all. We all must read this book and learn from his experience.



Ms. ANAM BIN MEHFOOZ FACULTY-ENGLISH



Is. JAYSHRI JAYBHAYE FACULTY-ENGLISH

One more step is such a delight, I got the chills so many times towards the end of this book. It completely blew my mind, as Dr. Chandra embarks a journey to the Everest base camp full of challenges with surprising results, this book shows Dr. Chandra's determination, dedication and discipline towards children. In this memoir Dr. Chandra details his journey of Mt. Base camp and the struggle he went through in order to make it successful. Dr. Chandra's efforts to make his dream come true is commendable, I was touched by seeing the picture of Dr. Chandra with his mother at the finishing point of the camp. The whole journey has been penned down in an interesting manner.

The words that held me to the book were Discipline, Dedication and Determination that lasted till the last page. The title justifies the experience by Dr. Chandra and the amazing kids. The detail narration of the instances takes the reader to the visual occurrences. The brilliant execution of an idea by Dr. Chandra made a world record that is huge. A must read book for every age that can motivate your instincts of mountaineering. Very well written book and easy to understand. Thank you Dr. Chandra (CEO, JGI schools) for sharing your heartfelt experience through this book. Congratulations to on one and all who is the part of this adventurous journey.



" एक पग और "

हम पहुंचे सफलता की चोटी पर तब था एक सवाल मन में अक्सर

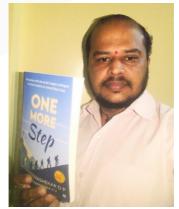
ये बच्चे तो हमारे हैं कितने प्यारे है हम पहुंचाएंगे सब को शिखर पर

एक एक पग निश्चय का बढ़ाएंगे और आयेंगे आसमान को छू कर मौका पसंद हो कर परिवर्तन लाएंगे बातो में चलते जाओ घुल मिल कर

धैर्य से हरदम आरोहण करते जाएंगे रोमांचित हो चुके थे आशाओं के पर

जाद भरी झाकियों की अति सुंदरता एकतास खड़ी नहीं फिसडी का डर

मनस चदाई बढ़ती मन की गहराई विजय के लिए स्टाआ एक पग और



Mr. SUSHIL KEKAN HOD-MARATHI

600



10 EXAM TIPS FOR PARENTS: HOW TO HELP YOUR CHILD STUDY

Parenting tips for exams: A good night's sleep is very important. Check your child's timetable to ensure they have enough time for a well-earned sleep. This will calm their nerves and keep them alert on the big day. Your child needs your support during exams, whether it's just lending a patient ear or making sure they keep away from online distractions.

Here's how you can support children during exams:

Be familiar with your child's exam schedule

We know you're a busy parent, which is why some advance planning helps. Don't leave it to your son or daughter to inform you of their exam timings. Get a printout and pin it up where you can all see it and keep an online copy for reference, if required. This way, you know when they need to be dropped off at the exam centre.

Avoid arguments

If the bed isn't made, you're within your rights to point it out, but avoid prolonged arguments over it for now, since your child needs to focus on their exams. It's a team effort and the family has to pull together and make sure all energies are devoted to the task at hand.

Have meals with the family

Chances are, your child is cooped up in their room for long hours preparing for their exams. Make sure they have their meals with the family, so that they get a break from the monotony of constant studying. Keep the dining table conversation light, so that your child feels refreshed.

Avoid burdening them with your stress

We know you're stressed, probably even more than your child. But when the exam date nears, it's time to back off and let the child be calm. If you're still wracked by nerves, vent to a partner or a friend. Your child is stressed enough and can do without you adding to it.

Make sure they get a good night's sleep

A good night's sleep is very important. Check your child's timetable to ensure they have enough time for a well-earned sleep. This will calm their nerves and keep them alert on the big day.

Keep away from digital distractions

It's difficult to steer clear of digital devices completely, but it's critical to do so during exam time. Install parental controls on your child's devices so that you can ensure they keep away from distractions and focus on doing their best during exams.

Incentives and bribes

There's a fine line between an incentive to do well and outright bribery. Your child should be motivated to put their best foot forward in their exams, without you offering a bribe, such as an expensive gift. However, a family meal or outing is a good idea after the exam as it will also help take the pressure off.

Be a sounding board

Ask them how their exam went, but withhold judgment. Offer to be a listening post, without blaming them for anything they've got wrong in the answer sheet. Be encouraging about the remaining tests and keep them hopeful about the outcome. Let them know you're there to offer support, whatever the outcome.

Be available

Make time for your child, particularly during the important papers. If possible, if you have leave left, inform your office and take it during this time so you can be around your child. Stay aware of their needs, whether it's a spot of revision, a cup of coffee to perk them up or just being available to address any concerns.

Maintain a balanced diet and routine

Whether it's the daily glass of milk or almonds, make sure your child isn't skipping meals and is eating on time. Nutrition plays an important role in keeping energy levels up.

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