

JAIN HERITAGE a CAMBRIDGE SCHOOL

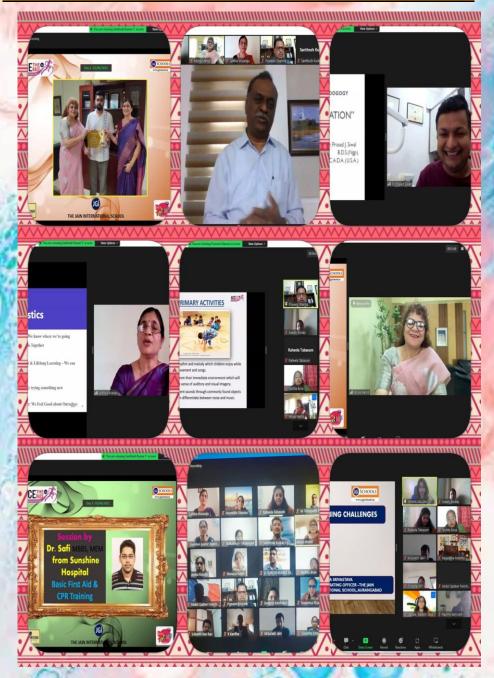


Date	Event
01.06.2022 to 03.06.2022	Faculty Training Program 2022 Ace the Race
11.06.2022	Parent Orientation
13.06.2022 to 16.06.2022	Welcome back to School
15.06. <mark>2022</mark>	Campus Tour Grade I-III
16.06.2022 to 30.06.2022	Election Cam <mark>pai</mark> gn
17.06.2022	Assembly Presentation by Grade I-III Topic:International Picnic Day
18.06.2022	Assembly Presentation by Grade VI Topic:Father's Day
20.06.2022 to 25.06.2022	Reading Week
21.06.2022	Assembly Presentation by Grade VI Topic: World Music Day
21.06.2022	Celebration of Yoga Day
23.06.2022	Assembly Presentation by Grade X Topic: International Olympic Day
24.06.2022	Assembly Presentation by Grade X A Topic:Value Of Focus
27.06.2022 to 30.06.2022	Assembly Presentation by Grade X Topic:Recycle Now
30.06.2022	Assembly Presentation by Grade XB Topic:World Asteroid Day

THE MONTH IT WAZ.... (June 2022)

Quotable quote: -"A new school year means new beginnings, new adventures, new friendships and new challenges. The slate is clean and anything can happen."

Faculty Training Program 2022 Ace the Race



"The learning process continues until the day you die." - Kirk Douglas

It's rightly said that the learning process continues until the day you die. A 3 days faculty training program on "Ace the Race" was organized from 1st June to 3rd June virtually by the honorable members of the academic council. Teachers from various branches of JGI family have taken an active participation. In these 3 days FTP teachers got a chance to know and learn how vital and enriching the teaching work can be to them, to the students and to the society in large. The efforts taken up by the resource people from Academic Council: our president academic council and CEO of JGI schools Dr. Chandrashekar D.P, Secretary academic council Dr Ms. Mona Mehdi, Joint Secretary Ms. Lalitha Kosaraju made this program hugely successful and also made our learning more enjoyable through different group activities and involvement.

Our honorable president of academic council and CEO of JGI schools, Dr Chandrashekar DP had beautifully set up the context about "Socio-Emotional Needs of Students" had enhanced the understanding of how to deal with the emotions of the students in a much more effective manner. Principal Shamirpet Ms Raheela Tabasumm shared her insights on "Cooperation to collaboration: helping teachers" was an amazing one. Our honorable mentor Dr K Lakshmi Rao's session on "Capacity Building programs for Teachers on 21" Century Skills" had captivated everyone's thoughts on what to develop and why to develop. Dr. Senthil Kumaran's session on "Learning gaps and how to fill them" was truly an interesting and inspiring one. He had voiced the student's social needs and their obstacles in learning. Presentation given by our beloved secretary of academic council Dr Mona Mehdi on "What makes a good teacher Great?" made us understand the difference between a good teacher and a great teacher. It indeed made us realize that we can be one too. Dr Prasad Siwal's presentation on "Role of Holistic Education in building an Equitable, Safer & Happier Society" specified the Features of Holistic Education, and crucial points to be noted in Holistic Lesson Plans. Mr Pravin Sonavane, Principal TJIS Aurangabad had discussed on "Reaching every student through differentiation" emphasised on how a teacher has to implement one or more instructional strategies in order to make their classroom a beautiful platform of learning. Ms Lalitha Kosaraju, Joint Secretary, Academic council discussed on" Creating an Effective and Healthy School Culture" was indeed a very informative. Ma'am had emphasised on the vision, mission, and PITCH philosophy of the school to rely on relationships between the stakeholders in an effective manner Ms. Shikha Srivastava, COO TJIS Aurangabad gave a wonderful presentation on "Rising to Students' Learning Challenges" helped us on how to bridge the knowledge gap. Mr Praveen Sharma, Principal JHCS Nagpur had enlightened us with the importance of "Art Integrated Learning (AIL)" in our curriculum which helps students to build an understanding of different concepts through art integrated activities. Dr.Safi's session on "Basic First Aid and CPR Training" made everyone aware of the basic methods they should apply after an accident occurs. The program ended with a melodious musical performance by team Aurangabad.

Thanks to Academic Council for providing such an excellent learning for three days. The efforts taken up by the secretary academic council in organizing this beautiful and knowledgeable learning was phenomenal.

Parent Orientation 2022-23



"Education is a shared commitment between dedicated teachers, motivated students and enthusiastic parents with high expectations", by Bob Beauprez.

The Parent Orientation program was conducted on 11th June 2022 at JHCS Kondapur. The objective of the program was to develop a productive partnership between the school staff and the parents to ensure the children can achieve their highest potential. The program began by invoking the goddess Saraswati and seeking blessings by lighting the lamp which was followed by the school song. The program was organized to address the parents of the Primary section first, followed by the address to the parents of the senior section. The Principal Dr Mona Mehdi addressed everyone and shared the information about the curriculum, co-curricular activities, sports activities, and the different channels of communication. The Principal introduced the new team of non-teaching staff, all the class teachers and the subject teachers. The Senior In-charge Ms Kavitha spoke about the CBSE guidelines that will be followed in the school. The parents used this opportunity to put forth their queries and the Principal responded to their queries with the details and information about arrangements made at the school as well functioning of the school. The program ended with a vote of thanks.

Welcome back to the School.



"The new school year brings you novel opportunities to shine!"

It's school time again!

After 2 years of silent hallways and empty classrooms, it was a delightful day to welcome all our students on 13th June 2022 into JHCS Kondapur campus. The extensive preparation and planning put into making school re-entry safe and welcoming is a testament to the care and commitment of all JHCS staff. Our aim for the first day back was to normalize the school day, have students reacclimatize to the building and reengage positive connection with other students. It was really quite wonderful to see shining eyes peeking over the topes of mask as students arrived ready for the new school year.

Students were welcomed with a welcome card prepared by the class teacher and also some goodies which the children were happy to receive it. The assembly session conducted made all of the students nostalgic. Principal Dr. Mona Mehdi warmly welcomed the students during the assembly and had

notified the students about the Covid Protocols Games conducted in the class for the students had filled their spirits high. Students were quite excited to see the renovated school campus, Selfie stand colorful balloons etc, Which had elevated the spirit of teachers and students to adapt in to the new beginning.

Last Thank you to all the Parents and guardians for helping to prepare children for preparing children to get back to school. As this had a huge impact on helping to make the school reopening a grand success.

Campus Tour- Grade I-III



"An open door is a welcome that makes a stranger into a friend."

Students from Grade I-III, at Jain Heritage a Cambridge School, Kondapur were excited to have a school tour on 15thJune, 2022. The objective behind the school tour was that it leaves a great impact on the mind of the student. School is a place we spend many hours without our family members, with our friends and teachers. School tour allows us to rely on ourselves and take responsibility and enjoy the activities provided to us. Cute lovely kids enjoyed and had a lovely smile on their face when they met with our honorable, respectable and always energetic Principal ma'am, Dr.Mona Mehdi, in her cabin. All the kids were astounded visiting the decorative and colorful classrooms, medical room, and valuable library where they can extend their knowledge, home studio where the students learn home decoration and implement at their home too. Students had visited garden area where they felt close to the nature, and they saw creative works on their house boards which was done by their house students in the old assembly area. They were overwhelmed to see the dance room where they will be enjoying dancing with Ms. Meghana and Ms. Poonam in the coming days. They enjoyed seeing wonderful arts and craft room and sports room. Before the school tour finished, the teachers clicked the pictures and returned back to their classes with a big smile.

Assembly Presentation by Grade II A Topic:International Picnic Day



"A picnic is more than eating a meal, it is a pleasurable state of mind".

International Picnic Day is celebrated every year on June 18, to encourage everyone to go out and spend an amazingly easy and stress-free day with their loved ones. And also, it is an event to eat outdoors, have a break, enjoy the warm sunshine, and have fun in your free time. It is usually held in a park or other open places. People bring food for picnics in lunch boxes or in picnic baskets. Food for picnics is prepared on location such as by grilling, or at home. After the meal, people often play games and sports, for example, playing catch, badminton, and Frisbee. As at other parties, some like to create their own original foods and games. A lakeside, park, or another place with an interesting view, is perfect for a picnic. On a picnic, we often get the freshness of nature.

The students of Grade II conducted the special assembly on the topic "International Picnic Day" on 17thJune, 2022.

The assembly was initiated by Siva Priya as an anchor with great zeal and enthusiasm. The assembly started with the prayer followed by the school song. Pledge was administered by Geetha Manasa, an enriching thought was spoken by Siddhidatri. To enhance vocabulary, word for the day was presented by Daksh Saxena, and an enlightening article was presented by Siri Medha.

Through enriching thought and the word, students understood that "Picnics are a great time to catchup with family & friends".

Lastly, a beautiful dance was performed by Harsh, Avani, Reyansh, Anvika, and Puneeth on a picnic song.

The assembly culminated with the most valuable and respectable song which is our national anthem.

Assembly Presentation by Grade VI B Topic: Father's Day



A father is someone you look up to no matter how tall you grow".

Father's Day is the best time to say thank you to our fathers for all their love, support and sacrifice. Grade VI B students celebrated Father's day on 18 June'2022 with zeal and enthusiasm. Mayukh Sai recited beautiful poem to thank them for being there everytime a child needs them. Vallabha

turned out to be a great anchor by taking the lead with full confidence and zeal. All the students prepared posters and expressed their love through them. The full form of FATHER was expressed through a collage. Shreyasi and Parth read an article depicting the importance of Father's Day.

.Students performed a beautiful dance on the song .Dr. Mona Mehdi, Principal JHCS KP and Ms Shuchita , coordinator appreciated the students with their kind words.

Shreyasi Malhotra Grade-VI B

Reading Week



Reading Time

"The more that you read, the more things you will know.

The more that you learn, the more places you'll go."

— Dr Seuss,

Reading week was organised from 20th June to 24th June for the students of grades I to X to inculcate the habit of reading and to allow students to catch up, get focused, and spend some serious time reading and understanding the material presented to them. Besides academics, the reading week also provides the ability to recharge. It enhances vocabulary, improves communication skills and boosts confidence.

-Shreyasi Malhotra- Grade VI/B

Assembly Presentation by Grade VI A Topic: World Music Day



" PLAY THE MOMENTS, PAUSE THE MEMORIES, STOP THE PAIN, REWIND THE HAPPINESS"

World Music Day is celebrated on June 21 every year to honour the musicians and singers for the gift of music, which gives flight to the imagination and life to everything. Music servers as mediation for great musicians. The right kind of music can help people to do wonders. Since India is a land of diversity with varied cultures, every region has its own unique musical form. Over the years, this affair of rejoicing the beauty of making music has

stretched its boundaries and established itself in melodic alleys all over the world and especially in a vibrant way this year in Kolkata (West Bengal).

A splendid assembly was conducted by the students of grade VI on June 21st to commemorate the 'World Music Day'. Music has the power to heal, reduce our anxiety and our stress. Assembly began by praying the Almighty followed by our esteemed school song. Pledge was taken with pride to be responsible and patriotic citizens. A thought-provoking thought and sturdy word shared on music in the assembly added more flavor to it. A melodious and rhythmic song sung in the assembly bought enthusiasm to all. The assembly ended by singing our national anthem. On the whole the assembly left us with the thought that little time spent on music everyday boosts our energy levels.

Ву

RNS Vallabha- Gr VI B

Celebration of World Yoga Day



"Yoga means add<mark>it</mark>ion - addition of <mark>energy, strength and beauty to body, mind and soul."</mark> - Amit Ray

On 21st June 2022, the students and teachers of JHCS-KP celebrated International Yoga Day by partaking in yoga themselves. Yoga helps improve almost every aspect of the human body both spiritually and physically. Starting the day by performing different asanas was a perfect start to a new joyful school day. The students were guided by CCA Coordinator Ms Jyoti Arora, Yoga Faculty Ms. Poonam and Primary In charge Ms.Anunidhi Sharma throughout the calming yoga session. During the session, we performed various asanas and mudra. We began with a simple inhale and exhale and slowly built up to different methods of pranayama which were followed by core strengthening, concentration building asanas such as the Tadasana, Vrikshasana, the warrior pose and so on. All the students were enlightened and were surrounded by a peaceful aura. We were all met with a more energetic and enthusiastic mood throughout the school day. The students understood the importance of yoga in everyday lifeand how it helps in improving flexibility, productivity, breathing, confidence and energy. All in all, it was a soothing and mesmerizing experience. All the students are grateful to our respected Principal Madam Dr Mona Mehdi for organizing such a wonderful event for us all.

-Aarya <mark>Rajput</mark> Gra<mark>de X</mark>

Assembly Presentation by Grade X Topic:International Olympic Day



"There is something in the Olympics, indefinable, springing from the soul, that must be preserved."

- Chris Basher

Olympic day is based on the idea of the Olympic movement, and it celebrates the founding of the IOC at Sorbonne Paris on June 23, 1894, where Pierre de Coubertin revived the Olympic Games. The National Olympic Committee (NOC) created this event, which marks a special moment in the history of the Olympic movement.

Students of grade X conducted a spectacular and spell bound special assembly in Telugu on the topic "World Olympic Day" on 23rd of June. The assembly commenced by praying to the almighty and so forth showed our school spirit by singing the school song. With pride, students took oath towards the country. Right after, the students were motivated by listening to a very stimulating thought. A neoteric word was then shared which helped us increase our vocabulary. We were informed about the importance of Olympic Day through an article in Telugu. We were also enlightened about multiple groundbreaking Indian sportsmen who brought pride to our country in the Olympics over the years. Later on, we were energized by a melodious song sung by Nitin P. We were then caught up on current affairs with the news headlines. We concluded the assembly by singing the national anthem, showing patriotism to our country, together.

Let us commemorate this historic occasion by encouraging our fellow students to take part in sporting activities!

The students put in a lot of hard work to make the assembly a grand success. All in all, the assembly was factual, illuminating, and explicative. It was very well done.

-Aarya Rajput Grade X A

Assembly Presentation by Grade X A Topic: Value of Focus



"Focus means eliminating distractions, not just from other people, but the things we do to distract ourselves."

-Catherine Pulsifer

Focus is the ability to set one's mind and attention on a particular course until it yields the desired results. It involves channeling all your energy and concentration into a specific task, either long-term or short-term, and remaining in that state till the task is accomplished. Students were motivated on how to stay focused through an informative and enriching assembly conducted by the students of grade X A on the topic - 'The Value of Focus' from 20th to 24th of June. The assembly commenced with the prayer, where students prayed to the Almighty for a good and productive day. The prayer was followed by the school song as it usually showcases the school spirit! Students were then refreshed with insightful thoughts which kept all of us motivated throughout the day. Words shared in the assembly helped students to increase their lexicon. These were then followed by an enlightening article, rhythmic poems and melodious song which had really "focused" on the 'value of focus". Later on, students were caught up on what's going on in the North, East, West and South with the help of the News Headlines. Right after this students heard some truly captivating and compelling speeches from the Ashoka and Aditya House candidates for the role of Cultural Secretary. We were then addressed by our beloved Principal, Dr Mona Mehdi. The assembly was finally concluded by singing the National Anthem.

The assembly as a whole was informative and thought provoking.

-Aarya Rajput/ Grade X A

Assembly Presentation by Grade X B Topic:Recycle Now



"When we throw anything away, it must go somewhere."

Recycling is a method of procedure that includes the collection and breaking down of waste material to create something new out of it. The process was introduced so that the non-biodegradable materials can be melted or broken down to create something useful. After the effects of global warming and pollution have become known to men the process of recycling has become more important. The students were made to understand the importance of recycling. An informative and spectacular assembly assembly was conducted by the students of grade IX on the topic 'Recycle Now' from 27th - 30th June. The assembly started with the prayer followed by our prestigious school song. Students took pledge with pride to be responsible citizens. The thoughts shared gave everyone an inspiration to recycle and save the world. The words shared during the assembly helped to build the vocabulary. Students shared informative and thought provoking articles which helped in understanding the methods of recycling and how it can be useful to us. They concluded the assembly by singing our national anthem. Overall it was a magnificent and inspiring assembly.

By Hasitha S Grade 9

Assembly Presentation by Grade X B Topic:World Asteriod Day



"Just one hit from an asteroid can destroy this entire world, let us never take asteroids lightly and make everyone aware."

Asteroids are small rocky bodies that orbit around the sun. They mostly orbit between Mars and Jupiter, which is known as the 'Asteroid belt'. Asteroids are leftovers from the formation of our solar system. World Asteroid Day, celebrated on 30th of June, aims to raise public awareness about asteroid impact hazards and to inform the public about the crisis communication actions to be taken at the global level in case of a credible near-Earth object threat. To showcase the importance of Asteroid Day, the students of grade IX presented an excellent assembly on June 30th on the topic "World Asteroid Day". The assembly was kicked off by a prayer, followed up with the school song. Then, to show their respect to their country, they took the pledge with pride. An enlightening thought was shared which had filled the assembly with positive vibes. To improve the lexicon of students, a word was shared. An informative article shared by Likith followed with an outstanding quiz to build up the students' factual knowledge about asteroids. The news was read out to keep everyone updated with what's currently going on in the country and beyond. Everyone's patriotism was seen as the students sang the National Anthem with full enthusiasm and energy.

-Ananya Angara, Grade IX A

Election Campaign 2022-23



"A leader is one who, out of the clutter, brings simplicity... Out of discord, harmony... and out of difficulty, opportunity." – Albert Einstein



On the 17th of June, rose new leaders. Confident, assertive, and bold ones. Each one of them democratically nominated by the students of the four houses - Ashoka, Aaditya, Ananth, and Abhay house - for the coveted and paramount posts of head girl, head boy, cultural secretary, and sports captain. Who, once elected, would formulate the Apex body. Since then, began the election procedures. Every nominated student selected their symbols. Symbols that rendered the characteristics and qualities of what they stood for. With assertiveness, poise, and dauntless courage they delivered their election manifestos in the assemblies, which was followed by concerted campaigning by the nominees. Eagerness amongst the students to pick their leaders, and the tough competition midst the candidates of for different posts keeps us all waiting for the Election Day.



-Ancy Siya



Our Alumni Speaks...

Sleep and Mental Health: Important things to remember.

Over the course of the pandemic, I'm sure a lot of us have dealt with bouts of sleepless nights, or days where we have spent more time sleeping than staying awake. Our days have become cyclic and repetitive in almost a dystopian manner, and one of the only constants that has been keeping us sane is taking a nap.

How we sleep determines how the rest of our day goes and it is not without reason that a grumpy person is said to have gotten up on the wrong side of the bed. In fact, the only difference between a Protagonist and an Anti-Hero is the side of the bed they get up from (Source: Trust me).

While a lot of parents and teachers tend to blame teenagers for their 'night owl' tendencies on anything that goes wrong, it's not just that. This happens because of puberty; Their circadian rhythm gets pushed back by two hours causing them to sleep late. The next time you stay up too late, make sure to let your parents know!

If you are not falling asleep, experts recommend getting up for about 20 minutes and doing a calming activity in a dimly lit room before going back to bed. Scrolling on your phone endlessly is NOT a calming activity!! Staying in bed while being unable to sleep only links a sense of frustration to the bed. As nice as it is to savour that extra minute or two when you snooze, fragmented sleep is not restorative and doesn't help you feel rested. It really is true what the sages of old said, "ye snooze, ye loose".

My Experience at JHCSKP:

During my time at Jain, I found a perfect environment filled with supportive teachers and a great group of friends who helped me be who I am today. I truly believe JHCS was the stepping stone I needed to excel in the next couple of years. I found my love of the sciences and research, and all my teachers were incredibly supportive and encouraged me to do better every day. As an added bonus, all the ECA activities helped me socialize and have a lot of fun with my friends who are still very dear to me today!

Jain will always have a special place in my heart and I am very glad to have spent my formative years in such a wonderful place.

-Vimeeka Raj Devarajan 2014-15(Grade X batch) BA Psychology, Journalism and English Literature; Indian Institute of Psychology and Research (2018-2021) MSc Clinical Psychology; Incoming student at Manchester University (2022-2023)

View the Review!



One more step is a collection of the events that occurred throughout the journey of the world's largest contingent's trek to the Everest Base Camp. The book is written by the CEO of JGI schools, Dr. Chandrasekhar D.P. The book starts off with him explaining the main principles and ideas that went on in his mind while deciding to take the students on this trek. While reading the portion about how he convinced the parents about letting their wards take a step outside our country and many more steps up the highest mountain in the world, I felt a sense of familiarity. As a parent myself, I could never imagine letting my child out of my line of sight and taking such a big and dangerous step

but reading this book helped me realise that if my child were to be selected for this kind of 'mission' I would be overjoyed and supportive nonetheless. As I flipped through the pages, I read about the multiple taxing and strenuous exercises that the students had to go through while preparing for the journey and how they handled the situations when they became practical rather than just theoretical and I was truly in awe by how much maturity was shown by these young students in such a new and different environment that they had not much to time to adapt to. The faith put into these students by their teachers and leaders is truly inspiring. I hope to see more of our kids in action like this in the future. Moreover, the little details and descriptions about the environment they were surrounded by and the obstacles they had to face along the way truly transported me into the pages of the book. Overall, I loved it and would encourage more parents to read this beautiful book which is filled with inspiration on every page as well.

- Review by Veena Rajput Mother of Aarya Rajput (Grade X 'A', JHCS – KP)

Awards & Rewards



JHCS Kondapur congratulates Varnika
Neerukonda of Grade VII for participating in
Badminton singles and securing Semifinalist

We are in News..

Aarya Rajput, class X, Jain Heritage A Cambridge School

Kondapur

Students and teachers of JHCS-KP celebrated International Yoga Day by performing yoga asanas, a perfect start to a joyful school day. The students were guided by CCA coordinator Jyoti Arora, Yoga faculty Poonam and Primary in-charge Anunidhi Sharma throughout the calming yoga session.

The session began with a simple inhale and exhale exercise and slowly built up to different methods of pranayama which were followed by core strengthening, concentration building asanas such as the Tadasana, Vrikshasana, the warrior pose, and so on.

All the students were enlightened and were surrounded by a peaceful aura. The students understood the importance of yoga in everyday life and how it helps to improve flexibility, productivity, breathing, confidence and energy. They thanked Principal Mona Mehdi for organizing the wonderful event.



EXPLORING THE WORLD OF BOOKS

"THE MORE THAT YOU READ, THE MORE THINGS YOU WILL KNOW. THE MORE THAT YOU LEARN, THE MORE PLACES YOU'LL GO." - DR SEUSS

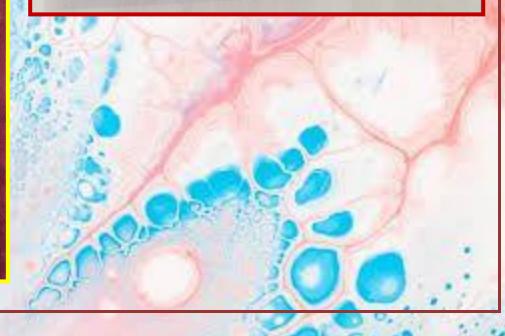
Reading Week was organised for the students of classes I to X to inculcate in them the habit of reading and to allow them to catch up, be focused, and spend some serious time reading and understanding the material presented to them.

Besides academics, the week was an occasion to recharge and explore the world of letters on their own. The exercise was aimed at enhancing vocabulary, improving communication skills and boosting confidence.

Shreyasi Malhotra, class VI, Jain Heritage A Cambridge School

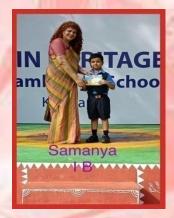
Kondapur





Star Child of the Week (13.06.2022 to 18.06.2022)





























Star Child of the Week (20.06.2022 to 24.06.2022



































Star Class Nominations for the month of June



Star Class for the month of June



Grade- I A(Junior)



Grade- VIII B (Senior)

Creativity Column



Medha V B



Rohitha VII



Shreyasi VI B



Mahitha VII



Swara X B

Junior Soft Board for the month of June – Fitness & Yoga



Senior Soft Board for the month of June-Food , Health & Yoga









Articles contributed by: Ms. Sirisha, Ms.Sweta, Ms.Anunidhi, Ms.Shobha,Ms. Garima Miss Shreyasi,Miss.Aarya
Ms. Vimeeka, Ms. Veena, Master Vallabha,Miss Ananya, Miss. Ancy, Miss Hasitha

Designed by: Ms. Nishita



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