

NAGPUR





OCTOBER 2021

FROM PRINCIPAL'S DESK



My vision, as the Principal, is to always put child first! My belief is that all students can learn. As educators, we need to discover how each child learns in order to differentiate our instruction to support diverse learning styles. In a collaborative effort, we want children to thrive in all the possible ways. My hope is that all children will love school and nurture a learning environment that is positive, safe, warm, caring, as well as a fun place to learn and grow. Student success is attributed to the partnership and the relationships we build within our community. Education is a joint venture and Team JHCS greatly appreciates the support that you provide for your children at home to help them meet their learning goals. Without the support of parent contributions, we would not have many of the ventures that make JHCS so uniqueand successful.

We are recognized as a school with exceptional student achievement. Parents and community members are encouraged to participate and become involved at our school. We actively ask for your support, ideas and suggestions. I encourage you to get acquainted and get involved. You will find the effort enjoyable and rewarding.

We hope you will find that Jain Heritage A Cambridge School is truly a place where learning is joyful and children are delighted coming to the school.

Praveen Sharma

Principal

Ed-Vantage JGI

The very informative and enriching online Faculty Training Program was organized for three days from 7th to 9th October. Teachers were blessed with the insightful and eye-opening sessions by distinguished educators.

TRULY an ADVANTAGEOUS EDUCATION!

"Ed-Vantage JGI" Mid Term Faculty Training Program 2021-22.... Three days of Learning Festival!!







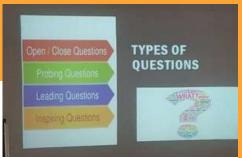
Teachers Training Workshop by Sahodaya Nagpur

With the change in Syllabus and Exam Pattern, Nagpur Sahodaya Complex organised one day workshop for grade X teachers on troubleshooting the MCQ's. Teachers from Jain Heritage A Cambridge School attended the workshop and grabbed many take-aways. Teachers Training Workshop organised by Nagpur Sahodaya Complex for grade X teachers of JHCS Nagpur on preparing MCQ for Term-1 Board Exam.



























Dojo Karate Tournament

Mutual respect is important in karate and applying the principles of etiquette inside and outside the dojo helps engender mutual respect. In a dojo, etiquette allows for a high trust environmentthat supports growth outside one's comfort zone. In Jain Heritage, we give special importance to sports which helps boosting self-defence and respect.

Silvi Girish (Grade VII) & Vignesh Girish (grade V) of JHCS Nagpur secured Gold Medal in Karate at 20th Nagpur District Dojo Karate Tournament @ Nagpur.

Congratulations to both the siblings for making JHCS Nagpur proud





PTM

Holistic development of a child depends upon the hardwork of student, parent and teacher. These three stakeholders integrated effort gives the best learning outcomes. Parent teacher meeting is an opportunity to exchange observation of a child with each other. Sharing daily experiences and observation provides a wider prospect for parent and teacher to plan, prepare and execute planning for better learning outcome of a child.

PTM is a junction to meet the needs of a child. Jain Heritage A Cambridge School Nagpur hosted a Physical PTM on 11th September, 2021.































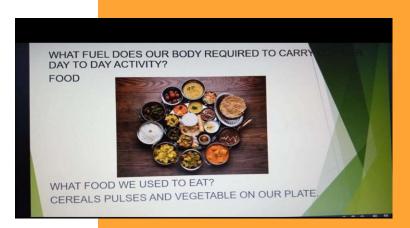


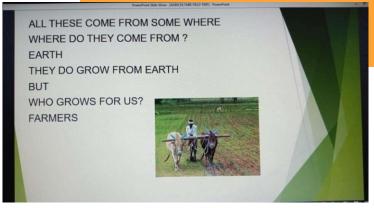
Virtual Agricultural Field Trip

The children of grade V of JHCS Nagpur had virtual agricultural field trip. Virtual field trips offer digital exploration of our world through images, videos, audios, clips animations and sounds.

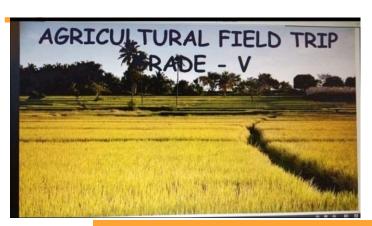
Students understood the value of food. Deepen understanding of connections among agriculture, diet, and health and community well-being.

What efforts the farmer used to take for the crop production. It connects student with their local food and agricultural system.

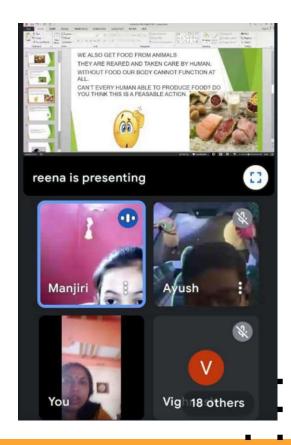












Dussehra Puja

As Vijaya Dashami is dedicated to celebrate the victory of good over evil, Ayudha Puja and Vahana Puja are the grand rituals to perform on this day. Vahan or vehicle is the symbol of luck and pride, devotees offer their thanks to their cars, bikes, lorries, trolleys, etc.

At Jain Heritage School the drivers worshipped the Bus and vans on 15th October to help it become more harmonious to the school and avoid all the bad lucks. This tradition is of great importance since it will show gratitude to God and help protect the vehicle, driver, students and the teachers.





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Physical Re-opening of School

After a more than of 18 months of online classes, it was just last month when Maharashtra's School Education Minister Varsha Gaikwad had announced that physical classes will resume in schools across that state and the government has also issued Standard Operating Procedures for it.

Following the regimentation, Jain Heritage A Cambridge School re-opened the school for grade VIII, IX and Xfrom 20th October 2021.









































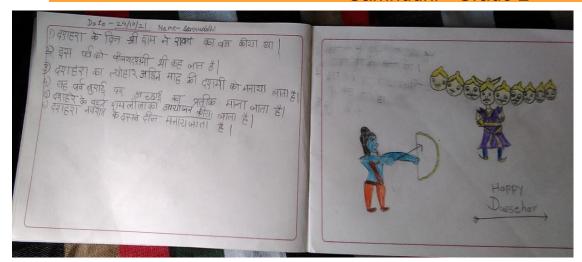
Dussehra and Eid Celebration





Aarish Khan - Grade 1

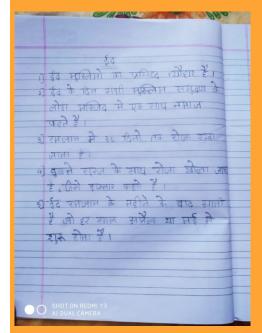
Samriddhi - Grade 2

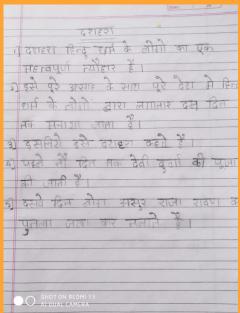


Samriddhi - (Grade 2)

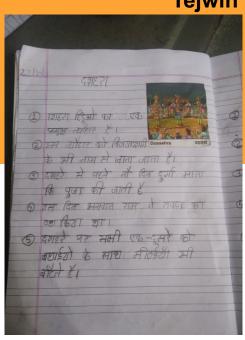


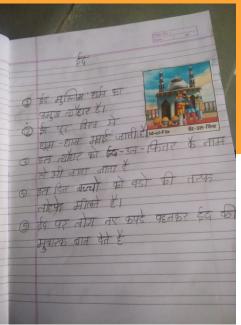
Tejwin - Grade 2



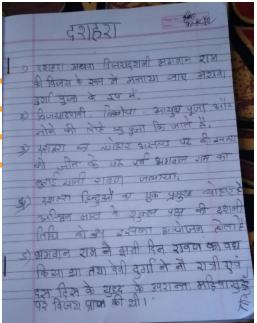


Tejwin - Grade 2





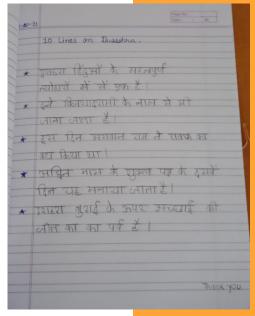
Vedant - Grade 2

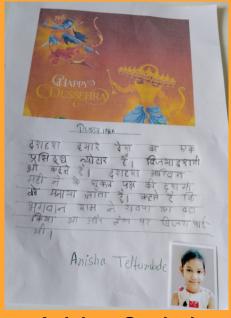






Prathamesh Thakre - (Grade 3)



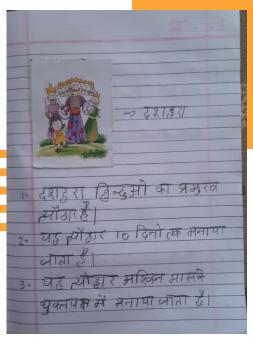


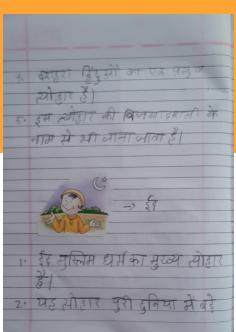


Mahee Menghal - Grade 4

Anisha - Grade 4

Shruti Grade 4

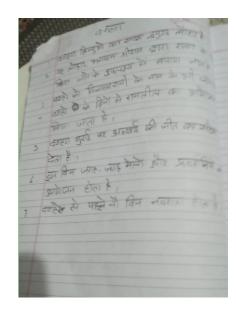


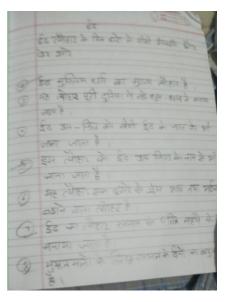




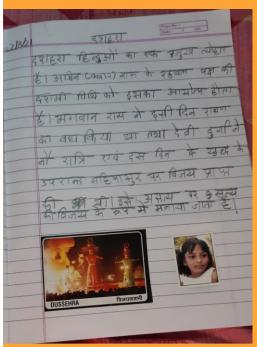
Mohit Prasad - Grade 4

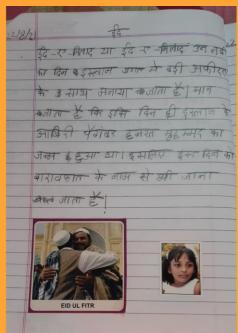
Devanshu uikey -(Grade 4)





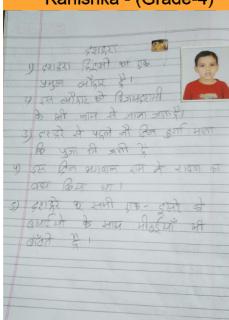
Mohit Gupta - Grade 4

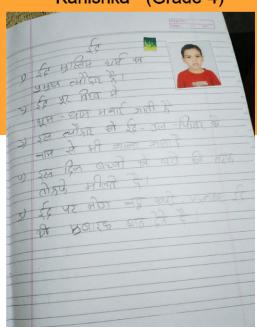




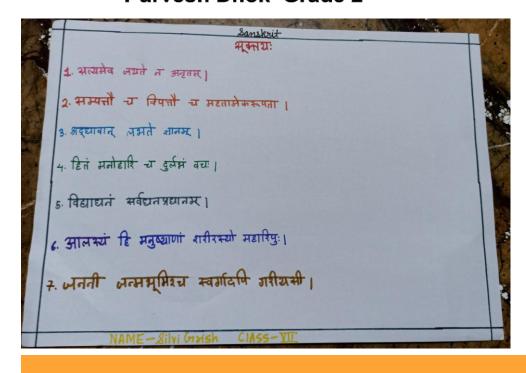
Kanishka - (Grade-4)

Kanishka - (Grade-4)





Purvesh Dhok Grade 2



CCA Activity

LIFE IS LIKE A SPEECH,

BUT DON'T LEARN IT,

LET IT BE AN "EXTEMPORE".

JHCS NAGPUR conducted CCA competition on 25/10/2021. The details are as under:

Theme: INSTANT SPEAKING

I to III - CONSIDERED EXTEMPORE

IV to VII - IMPROMPTU

VIII to X – SPONTANEOUS SPEECH

Following topics were given to the students on the spot-

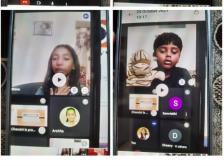
Students enthusiastically participated and some even held the props which were readily available just to present their views much more clearly.







CLASS - 3

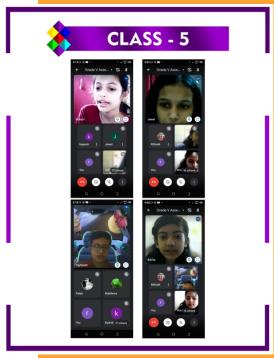






















CLASS - 10

Winners of CCA Competition

Winners of CCA Competition @ JHCS Nagpur.

CCA ACTIVITY

Theme: INSTANT SPEAKING

I to III - CONSIDERED EXTEMPORE

IV to VII - IMPROMPTU

VIII to X - SPONTANEOUS SPEECH

































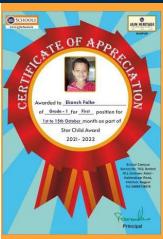






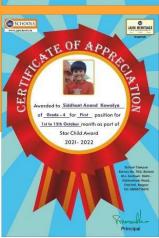


Star Child Award for 1st Fortnight (01-10-2021 to 15-10-2021)





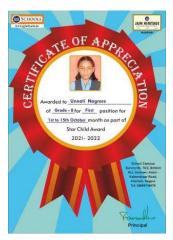




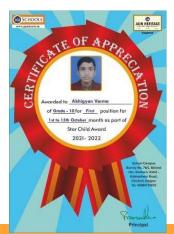




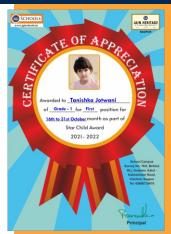


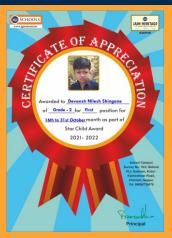


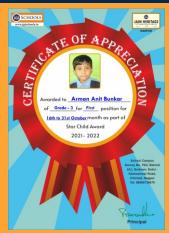




Star Child Award for 2nd Fortnight (16–10–2021 to 31–10–21)





















Awards & Achievements

Mr. Praveen Sharma, Principal of Jain Heritage A Cambridge School Nagpur has been bestowed with the award for his "Contribution to Education Community" by Indian School Awards (ISA) 2021.

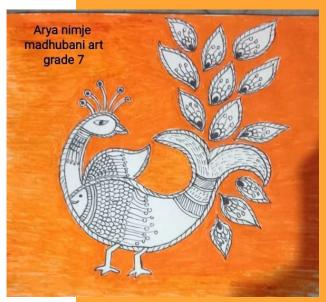




Mrs. Asha Sharma, Academic Coordinator of JHCS Nagpur has been invited by AAKASH VANI (AIR) Nagpur for recording her poem which will be broadcasted on 12th November. Kudos for this achievement!!



Creativity Corner















HOW TO DEAL WITH CRITICISM

The dictionary definition of criticism is "judging the merits and faults of something". But we are no strangers to judgement, right? Dare I say, our fear of what people might say comes from our impulsive habit to judge as well? It is obvious that this is true for people around the world and not just Indians. In any situation, we feel like it is absolutely necessary to offer our two cents. We might not even fully know what happened. This is an example of criticism, but not what it fully is.

Criticism is not always a bad thing. Healthy criticism can actually encourage a person's growth and development. On the other hand, unhealthy criticism can hinder those things. CRITICISM MAY BE HELPFUL OR HURTFUL

Criticism comes in two forms – constructive criticism and destructive criticism.

Constructive criticism – This is offered with an aim of helping the person get better. It is not aimed at the person directly. Constructive criticism is done in good faith. In fact, the intention is to never patronize the person. Instead, it is insightful feedback on what could be better. Seeing things from another person's point of view is absolutely critical. They may observe things that you could never think of yourself. Also, we are often oblivious to our own mistakes. Hence, constructive feedback is important to get better at what you are doing, or as a person.

Example – You are good at the work but I would really appreciate it if you submitted it on time.

Destructive Criticism - This is a direct attack on the person, not the virtue. It is done to belittle the person. Destructive criticism rarely inspires a person to get better. Instead, it makes the person feel humiliated and ashamed. The person might even stop trying, to avoid feeling hurt. It is simply pointing out faults, and not feedback on how to improve. This gives rise to low self-esteem and insecurity. Many people do this mindlessly, hence one must always be careful of what they say to others.

Example – You don't look good in that outfit, it makes you look fat.

Keep the 10-second rule in mind – if a person can't fix it in 10 seconds (weight, skin conditions, etc.), don't comment about it.

Criticism may be very difficult to take. However, it is also true that if you are not being criticised, you probably are not doing something that important. It isn't criticism you should be afraid of, it is fake flattery.

Here are some ways to handle criticism in an emotionally healthy way, and to use it as a motivator instead of an obstacle.

Stop being too self-critical

I recently watched a ted talk by Mel Robbins where she said - "if we were to put a speaker so everyone can hear what we say to ourselves, they would institutionalize us! You would not hang out with people who talk to you the way you talk to yourself. Truth right? So, get out of your head! Your feelings are screwing you!" I had to pause the talk and take a moment because I was shocked at how right that was. We often are our own harshest critic. It is not hard for negative opinions to get to you when you are already in a battle with your own head. So, first of all, be forgiving and accepting towards yourself as you would be towards a friend. Stop being your own worst enemy.

Stay neutral

It is very common that our first reaction to being criticised is getting angry and/or bursting into tears (been there, done that.) But it sadly leads to nowhere. I was once angry about being criticised and I stayed mad at them for days. It did not change the fact that what they said was right. On the other hand, a girl was once saying very rude and hurtful things to me, to which I did not react. I finished what I was doing properly. I earned praise and respect from the people around me, and she became a laughing stock. Constructive critics will continue to give you valuable insights if you embrace them. By not reacting, you beat the destructive critics' purpose of embarrassing you. So staying calm is the best option out there.

Never take it personally

There is a difference between what we do and what we are. If you failed a test, it does not mean that you as an individual, have failed at life. This is often hard because destructive comments are made to directly attack you, and hurt your feelings. This gets even harder when the person is close to you. It really takes a swing at your sense of self-worth and self-esteem. But remember, you can always take efforts to fix your flaws. They are a part of you, but they are not what you are as a person. And even if there are things about you that can't change, it is okay. The right people will like you for who you are, entirely.

Be Polite

Throw in a smile, thank them for their comments (even if you feel like ripping their head off). If it is a constructive critic, they would be happy that you took their advice well. They won't hesitate to give their insights in the future. If it is a destructive critic, kill them with kindness. You being nice to them defeats their purpose of trying to get you agitated. It is a win-win either way.

Listen carefully

Before responding in any way, hear the person out. Listen to what the person has to say with an open mind. Although the criticism offered might seem harsh, it may be helpful too. Maybe they are pointing out a critical flaw that you need to work on. Like I said earlier, we are oblivious to our own mistakes. Do not start getting defensive immediately. You can figure out later if the feedback was intended to help you out later. Then you can present your point of view to them as well.

Think about the other person

It is best to ignore mindless hurtful comments if the person making them is not so close. But if the person is someone who is close, who we hold in high regard, such comments can be emotionally scarring. Take some time (a day or so) and then discuss what they have said. It might just be that they have been dealing with something else, which is why they said those things to you. We often take things like this personally, when the situation is not even about us in the first place.

- If they really meant what they said, ask them for examples/incidents.
- Example When did you feel that I acted selfishly?
- You will understand the areas where you need to work on yourself.

Always remember that another person's opinion says more about them than about you. There might be one trait of yours that one person hates, but five other people love. Yet, it might be hard to not get anxious about getting criticised. Just remember that a lot of the time, people are too busy judging themselves to judge you.

-Lakshya A. N. (Grade- X)



Gallery of my heart

Want to welcome you all, To the gallery of my heart. Only few visits here a lot, Thank you for taking part. Let the tour be unusual, Coz my heart is unique. You may leave in the mid, But try to walk to the peak. One corner is for the love, For my friends and family. For fake and phoney people, There's a wall of formality. Another corner is a bit funny, Reserved for my childish dreams. Just keen to explore the world, With few other adventurous teens. Third corner is some promises, That I made to myself formerly. That whatever I'll do in my life, It'll be for me & my dears merely. Maybe the tour was hamdrum, Not everyone is always same. Your gallery would be different, But it's my self-loving secret base.

-by Moushami Sha



Smell of lilac

Dancing on the bare floor,
Endeavouring to find my lost content.
Already penetrated misery,
Never asked me for a consent!

The room was dark as pitch,
My sentiments also turned black.
What made me smile at that time,
Was the smell of old lilac!

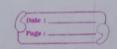
I couldn't recall who gave it to me, But I could put a name to few things. He or she was standing with me, When everyone pierced my wings!

Those lilacs once advised me,
To overcome my stupendous fears.
I again smelled those lilacs,
It made me smile through my tears!

By Moushami Sha



िवाकी



आपल्यो भारतात सगळ्या प्रकारच्या धर्मी ची लोक राहतात त्यामुके वर्ष भर आपल्याकडे राण बनाजुर होत. अस्तात असाच एक राण म्हणजे दिवाकी. दिवाकी हा हिंदू धर्माचा एक मुख्य यण आहे आणि तो पूर्ण भारत भर खूप उत्सासाद्यने साजरा केला जातो. दिवाकी हा स्नण अखिन महिन्यात सेतो. दिवाकीच्या या महिन्यामध्ये सर्व शाकेला सुद्धी असते. या सुर्धिमध्ये सगढे दिवाकीसाठी तमारी करू लाशतातः घरातिल सर्वजन मिळून घ्राची साफ- सफाई करतातं. भी व माझे बाबा मिळून एक होटा कंदील अनवुन धरा बाहर नावतो. माझी तार्ड धराबाहेर सुंदर शंगोकी काढते, आर्ड दिवाकी साठी स्वादिष्ट फराक बनवते जमे कि चकली, चिवडा, लाडू ड. मला लाडू खूप आवडतात. दिवा की साठी वाबा मेला नवीन कपडे आणुन देतात आणि सग्नान्यांची आवडती वस्तू म्हणजे दिवाकी चे फटाके आणून देतात. या सणाला घरात व द्यराबाहेर दिवे लावले जातात. आम्ही सर्वजण मिळून लक्ष्मीपुजन करतो. नंतर मी आणि मासी ताई खूप फाटाके फोडतो आणि खूप मज्या करतो. दिवाकी हा प्रकाशाचा सण आहे. यादिवशी सगळीकडे प्रकाश असती. म्हणूनच दिवाळीचा हा राण मला खूप खूप आवडती.



Arya Nimje Class: - VII

Teacher's Corner



' आई '

भटकले मी रात्रंदिवस..... पायही खूप दमले... 'आई' थोडं माझ्यासाठी अजूनहे शब्द माझ्या कानावर पडले... शोधताना तुज... हिंमतही हरली तुझी 'आई' ... इवल्याशा जीवा तू ... क्षणोक्षणी माझी साथ दिलीस... तू माझा कृष्ण ... मी तुझी यशोदा... मन भरून आले... घेता तुला पदरात... कुणा सांगू कुणा नाही... आनंद माझा मावेना गगनात... मातृत्वाचे सौभाग्य घेऊन... आलास तू माझ्या जीवनात.... पूर्ण केलेस तु मला... येऊन माझ्या आयुष्पात... खरा अर्थ कळला आज... नशिबाच्या त्या रेषांचा... जन्म घेऊन माझ्यासाठी... आलास तू माझ्या मायेपोटी... नऊ महिन्याच्या तपाच्या फळ रुपी... चंद्र ताऱ्यांनी भरली माझी ओटी... अख्ख्या जगाची दौलत ... परमेश्वराने टाकली माझ्या पदरी... 'अम्मा' या गोड शब्दाने... सुरुवात झाली माझ्या ममत्वाची...

Prerana Pawar

Marathi Teacher

Teacher's Corner (Hindi)



बुराई पर अच्छाई की जीत

दशहरे का वास्तविक अर्थ यदि हम समझे तो यह है कि हमें अपनी बुराइयों को छोड़कर अच्छाइयों की तरफ कदम बढ़ाने चाहिए। हमें राम जैसा जीवन व्यतीत करना चाहिए ना कि रावण जैसा। बुद्धिमान रावण भी था। वह 16 कला संपूर्ण था और कहा तो यहां तक जाता है कि यमराज तक उनके समक्ष कर-बांधे खड़े रहते थे। वह हमेशा सोचता था कि एक दिन में यमराज को मार दूंगा तो मेरी मृत्यु नहीं होगी, पर यह कल करूंगा, इसी भावना ने उसे वह काम नहीं करने दिया और वह हार गया। इससे हमें यह शिक्षा मिलती है कि हमें आज का काम कल पर नहीं छोड़ना चाहिए।

उसके पास अपार शक्तियां थी। ब्राह्मण होने के बावजूद उसके विचार व प्रवृत्ति राक्षस की थी। राक्षसी प्रवृत्ति होने के कारण वह बुद्धिमान होने के बाद भी अच्छे कार्य नहीं कर सका। इससे हमें अभी शिक्षा मिलती है कि हम चाहे जन्म किसी भी वंश में ले, लेकिन हमारे कर्म ही हमारे साथ रहते हैं और हमें अच्छा या बुरा इंसान बनाते हैं।

इसके पीछे ऐतिहासिक कोई भी कारण रहा हो लेकिन हम साधारण मनुष्य केवल यह जानते हैं कि अच्छाई की सदा जीत होती है। बुराई चाहे कितनी भी ऊंचाइयों को क्यों ना छू जाए, केवल अंत को ही प्राप्त करती है। उसका विनाश निश्चित होता है। दशहरे का त्यौहार हमें यह सिखाता है कि हमेशा बुराई पर अच्छाई की जीत होती है। इसलिए हमें सदा अच्छे कर्म ही करने चाहिए।

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